

The Charles W. Gilchrist Immigrant Resource Center is Montgomery County's welcome center for immigrants. We strengthen the County by connecting our diverse communities with educational, economic, and civic resources so all may thrive.



OUR LOCATIONS

Headquarters 11002 Veirs Mill Road, 5th Floor Wheaton, MD 20902

240.777.4940

Gaithersburg Library 18330 Montgomery Village Avenue, 2nd Floor Gaithersburg, MD 20879

240.777.4960

Upcounty Regional Center 12900 Middlebrook Road Germantown, MD 20874

240.777.6950

East County Regional Center 3300 Briggs Chaney Road Silver Spring, MD 20904 240.7778406



Main Number: 240.777.4940 GilchristCenter@montgomerycountymd.gov www.montgomerycountymd.gov/gilchrist

This Quick Start Guide was made possible because of funding by the Fund for Montgomery, including generous contributions from Former County Executive Sidney Kramer & Family, Montgomery County Executive Ike Leggett, Aris Mardirossian, Montgomery County Muslim Foundation, Bruce Adams & Margaret Engel, Former Member of Congress Mike Barnes, Barbara Goldberg Goldman & Michael Goldman, Marvin Lang, Steve Silverman, Sanford and Doris Slavin Foundation, and Annie Totah.





QUICK START GUIDE FOR IMMIGRANTS IN MONTGOMERY COUNTY, MD



The Gilchrist Immigrant Resource Center is here to serve you. When you need help, please call us. We will connect you to the resources you need.

Visit us in Wheaton, Gaithersburg, Germantown and Silver Spring. www.montgomerycountymd.gov/gilchrist



311 is Montgomery County's phone number for nonemergency government information and services.



Dial 311 or visit

www.montgomerycountymd.gov/311.

311 telephone operators speak English and Spanish. Interpreters that speak other languages are available.

On the 311 website, use the search box to find the help you need. Results will show in English only.







*Onfo***MONTGOMERY**

*info*MONTGOMERY is an extensive online database of health, education, and human service resources throughout Montgomery County.

Visit www.infomontgomery.org or call (301) 354-4905.

Go to "Find Help" and click on "Immigrants and Community Newcomers" or use the search box to find the help you need.

Know Your

Rights



OTHER USEFUL RESOURCES

How Faith Communities in Montgomery County Can Welcome Our New Neighbors (Provides resources for refugees). www.montgomerycountyinterfaithmd.org Click on Media/Events, then Media to view the guide.

Catholic Charities Quick Resource Guide www.catholiccharitiesdc.org/CommunityResources Under Maryland, click on Montgomery County.



FOR INFORMATION ON IMMIGRATION LEGAL SERVICE PROVIDERS, RESOURCES ON HOW TO PREPARE FOR ICE RAIDS, IMMIGRATION FAQS, AND MORE

https://www.montgomerycountymd.gov/gilchrist/immigration-legal.html.





ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL) AND BASIC COMPUTER CLASSES

We can connect you to quality, free or low-cost ESOL programs and basic computer classes throughout the County.

Directory of Classes: For a directory of classes in the area, visit Montgomery Coalition for Adult English Literacy at <u>www.mcael.org/directory</u> or (301) 881-1338

Montgomery College: The Adult ESOL and Basic Skills for College and Careers offers many helpful classes. Visit <u>cms.montgomerycollege.edu/wdce/aelg.html</u> or (240) 567-5188

Literacy Council of Montgomery County: Offers English classes with more classroom hours and individual tutors. Visit <u>www.literacycouncilmcmd.org</u> or (301) 610-0030

Montgomery County Public Libraries: Offers ongoing English conversation classes and limited computer classes. Visit <u>www.montgomerycountymd.gov/library</u> or call (240) 777-0007 to find the branch closest to you

Gilchrist Center: Offers basic computer classes, English conversation classes, and weekly ESOL classes on a limited basis. Visit <u>www.montgomerycountymd.gov/gilchrist</u> or (240) 777-4940

CITIZENSHIP

Eligible permanent residents can apply to become U.S. citizens. Check your eligibility at www.uscis.gov. Several programs provide free classes to prepare you with the English skills and U.S. history, politics, and civics necessary to pass the citizenship test.

Montgomery College: <u>cms.montgomerycollege.edu/wdce/</u> <u>aelg/citizenship.html</u> or (240) 567-8169

Baltimore City Community College: <u>www.bccc.edu/</u> <u>citizenship</u> or (410) 986-3201

CASA de Maryland: <u>www.wearecasa.org/services/</u> <u>citizenship</u> or (240) 560-2272

LEGAL SERVICES

Several organizations offer free or reduced cost help from licensed attorneys.

Free Civil Legal Clinic: Montgomery County Bar Foundation offers free weekly legal clinics on a range of topics. Visit <u>montbar.site-ym.com/?ClinicsClinicas</u> or (301) 424-3454

Immigration Legal Services Directory: For a directory of legal service providers in the County helping immigrants and refugees, visit: <u>www.montgomerycountymd.gov/</u>partnerships/immigration-legalsupport.html

HEALTH AND HUMAN SERVICES (HHS) RESOURCES

For more information on community resources and referrals to programs, contact the Neighborhood Centers.

- Gaithersburg (Family Services): (240) 773-1151
- Wheaton (Catholic Charities): (301) 942-1790
- Silver Spring (TESS Community Center): (240) 773-8260

The County provides extensive resources on health and human services. Visit <u>www.montgomerycountymd.gov/</u> <u>HHS/ProgramIndex/HealthServicesindex.html</u>

CHILDREN AND YOUTH

Many resources exist for children in Montgomery County.

Free Preschool: Children who are 4 years old by September 1 from low-income families can enroll in free Montgomery County Public Schools (MCPS) Pre-Kindergarten and Head Start programs. Visit <u>www.montgomeryschoolsmd.org</u> or call (301) 230-0676

Childcare: LOCATE: Childcare is a free referral service with information about all regulated childcare in Maryland. Visit <u>www.marylandfamilynetwork.org/programs-services/</u><u>locate</u> or call (877) 261-0060

Enrolling in MCPS: Visit the MCPS' International Admissions Office to enroll a student who has not attended school in the U.S. during the previous two years. Children can enroll regardless of immigration status.

www.montgomeryschoolsmd.org/internationaladmissions or (301) 230-0686

Youth programs: Many groups provide support to youth and their families, including after school activities, mentoring and recreation. Check with your school, local recreation center, or visit <u>www.infomontgomery.org/youth-</u> <u>development</u> for more information.

HOUSING

Montgomery County offers a range of housing help.

Affordable Housing:

- Housing Opportunities Commission: www.hocmc.org or (240) 627-9400
- Montgomery County Department of Housing and Community Affairs : www.montgomerycountymd.gov/dhca

Emergency Financial Assistance: For help with rent, eviction, foreclosure, or utility disconnection:

- Visit <u>www.montgomerycountymd.gov/hhs/</u> programIndex/FinHousingServicesindex.html
- Germantown Regional Office: (240) 777-4448
- Rockville Regional Office: (240) 777-4550
- Silver Spring Regional Office: (240) 777-3075
- East County Regional Office: (240) 777-4470

FINANCIAL LITERACY

Learn more about saving, borrowing, managing credit, and buying a home.

- Asian-American Homeownership Counseling: <u>www.aa-hc.org</u> or (301) 760-7636
- Latino Economic Development Center: <u>www.ledcmetro.org</u> or (866) 977-LEDC
- Coalition for the Advancement of Financial Education: <u>www.cafemontgomerymd.org</u> or (240) 654-5964

HEALTHCARE

The County provides a wealth of health care resources.

Health Insurance: If you do not have health insurance, and you want to obtain it, call (855) 642-8572 or visit <u>www.marylandhealthconnection.gov</u>

Primary Care: For primary and preventive medical care for uninsured adults, visit the Primary Care Coalition of Montgomery County at <u>www.primarycarecoalition.</u> <u>org</u> or (301) 628-3405. For a list of medical clinics, visit Montgomery Cares at <u>www.montgomerycares.org</u>. You can also call 311 for more information

Children's Health Care: Care for Kids provides access to health care for uninsured children in the County. You must enroll by visiting one of the County Health and Human Services (HHS) offices. Call (301) 628-3438 for more information.

Mental Health: For mental health information and referrals in the County, contact the Mental Health/Substance Abuse Screening and Referral Program at (240) 777-1770

The County's Minority Health Programs:

- African American Health Program: www.onehealthylife.org or (240) 777-1833
- Asian American Health Initiative: <u>www.aahiinfo.org</u> or (240) 777-4517
- Latino Health Initiative: <u>www.lhiinfo.org</u> or (240) 777-3221

CRISIS SERVICES

Montgomery County provides help during crisis situations.

- All situational and psychiatric crises: (240) 777-4000
- Abused persons and domestic violence: (240) 777-4673
- Adult abuse and neglect: (240) 777-3000
- Child abuse and neglect: (240) 777-4417
- Victim assistance and sexual assault: (240) 777-1355 or (240) 777-4357 (24 hours)

Visit <u>www.montgomerycountymd.gov/hhs</u> and select "Crisis Services."

FOOD ASSISTANCE

Emergency food assistance is available through the government or food pantries.

- SNAP (Food Stamps): You can apply online for food stamps at <u>www.marylandsail.org</u> or by visiting a County office. Visit <u>www.montgomerycountymd.gov/</u> <u>hhs</u> and under "Benefits/Housing," select "Food" for office locations.
- Manna Food (various locations): <u>www.mannafood.org</u> or (301) 424-1130
- Catholic Charities (Silver Spring): www.catholiccharitiesdc.org/MFC or (301) 942-1790
- Mid-County United Ministries (Wheaton): www.mumhelp.org or (301) 929-8675
- SHARE Food Network (various locations): (301) 864-3115

EMPLOYMENT

Several organizations provide job skills training that can lead to employment .

Worksource Montgomery:

www.worksourcemontgomery.com or (240) 403-4012

CASA de Maryland: <u>www.wearecasa.org/vocationaltraining</u> or (240) 491-5775

Montgomery College Workforce Development and Continuing Education:

cms.montgomerycollege.edu/wdce or (240) 567-5188

Catholic Charities Education and Employment Training: www.catholiccharitiesdc.org/Education-and-Employment or

- Silver Spring: (301) 942-1790
- Gaithersburg: (301) 740-2523
- Washington, DC: (202) 939-2400

A Wider Circle: www.awidercircle.org or (301) 608-3504 Interfaith Works: www.iworksmc.org/vocational-services or (301) 585-4471 ext. 13

TAXES

The Volunteer Income Tax Assistance program provides free tax preparation services for low to moderate income County residents, at various locations throughout the County. Call (240) 777-1123 or visit:

- <u>www.montgomerycountymd.gov/HHS-Program/OCA/</u> <u>VITA/VITA.html</u>
- www.montgomerycountymd.gov/CASHBACK/

SENIORS AND PEOPLE WITH DISABILITIES

Montgomery County has many resources for seniors and people with disabilities:

- Seniors: <u>www.montgomerycountymd.gov/senior/</u> <u>index.html</u> or (240) 777-3000
- People with disabilities: <u>www.</u> montgomerycountymd.gov/HHS/ProgramIndex/ <u>DisabilityServicesindex.html</u> or (240) 777-3000

FRAUD/SCAMS/DISCRIMINATION

Laws exist to protect you from unfair and deceptive business acts. You can file a complaint with one of the agencies below:

- Montgomery County's Office of Consumer Protection: <u>www.montgomerycountymd.gov/ocp</u> or (240) 777-3636
- Maryland Department of Labor, Licensing and Regulation:

www.dllr.state.md.us or (410) 230-6001

• Federal Trade Commission: www.ftccomplaintassistant.gov

Discrimination and Hate Crimes: Human rights laws protect you from discrimination and crimes of hate/violence. If you think you have been a victim, contact:

- Montgomery County's Office of Human Rights: www.montgomerycountymd.gov/humanrights or (240) 777-8450
- Maryland Commission on Civil Rights: www.mccr.maryland.gov or (410) 767-8600
- Equal Employment Opportunity Commission: <u>www.eeoc.gov</u>