

Organization	Telephone	Last Updated (date/time)	Steps to access resource	Location(s)	Eligibility Requirements	Hours	Website	Address	City/State	Zip Code	Notes
<p>*** The information below is subject to change, and it is recommended that you call first to confirm all services. The info below is for informational purposes only. Gilchrist Immigrant Resource Center does not endorse any of the listed organizations.</p>											
<p>Food Assistance NOTE: Most food banks allow clients to pick up food once/month. However they typically do not compare notes, so needy families could visit several during the month to obtain sufficient food</p>											
Manna Food Center	301-424-1130		Call for appointment by 3 PM the day before you want to pick up.	Gaithersburg, Germantown, Silver Spring			https://www.mannafood.org/covidresponse/	Multiple locations, including Gaithersburg, Germantown, and Silver Spring.			Manna is temporarily waiving income requirements to provide food to any Montgomery County resident impacted by the COVID-19 crisis. Each site has a different pick up schedule (https://www.mannafood.org/about/contact-manna/manna-food-distribution-sites/).
Adventist Community Services	301-585-6556	3/19/20, 2pm	1. call for appt, 2. if new client, need ID with name; 3. no referral needed.	Silver Spring		M-F 10am - 1:30pm	http://www.acsgw.org/food.html	501 Sligo Avenue, Silver Spring 20910			Can pick up food box once a month; plus fruit/veg/bread once a week when available.
Mid-County United Ministries (MUM)	301-929-8675	3/19/20, 3pm	bring identification confirming you live in qualified zip code	Wheaton	only residents of 20853, 20895, 20896, 20902, 20906	T, W, Th 9am - 4pm; Sat 9am-11:30 am	https://mumhelp.org/	11002 Veirs Mill Road	Wheaton, MD	20902	
Nourish Now	301-330-0222	3/19/20, 3:30pm	1. call for appt., 2. bring photo ID	Rockville		M-F, 10am - 4pm	https://nourishnow.org/get-food/	1111 Taft Street	Rockville, MD	20850	Plan to wait outside or in your car when picking up food. Plan and schedule your pick-up 3-7 business days ahead to request your choice of appointment. If taking public transportation, please bring reusable grocery bags or a cart. No walk-in or same-day appointments are available at this time.
Catholic Charities Choice Food Pantry	301-942-1790	3/20/20, 4:55pm	Must make an appointment for all services: email mcfcc@cc-dc.org or call and leave a message; someone will call back to schedule an appointment. Bring identification and proof of number of family members. Bring own bags.	Wheaton	proof of MC residency and # of people in household	Wed and Fri: 10am - 2pm	https://www.catholiccharitiesdc.org/catholiccharitiescenter/	12247 Georgia Ave	Wheaton, MD	20902	The center will only be opened 3 days a week; Tuesday, Wednesday, and Friday from 9-5 The pantry is only opened Wednesdays and Fridays 10-2 We are temporarily suspending our walk-in service To prove number of family members, bring birth certificates, copy of IDs, school records, etc.
Up 2 Us Foundation	1-703-244-8786	3/17/2020	Call to arrange a pick up or drop off	Rockville, Gaithersburg. Call for other areas.	None	Call to arrange time	up2usfoundation.org	15800 Crabbs Branch Way	Rockville, MD	20855	The Blue Bag Program serves food insecure households in Montgomery County. Every week one student from each household receives a weekend food bag with items that can be shared by the whole family.
WUMCO Help inc.	301-972-8481	3/20/2020	Please call ahead		Serves only residents of Poolesville, Boyds, Barnesville, Dickerson and Beallsville.	Monday- Friday 10 am - 4:00	http://www.wumcohelp.org/ContactUs.html	PO Box 247	Poolesville, MD	20837	Fully Operating serving the local community. Please call ahead for more information.
Gaithersburg HELP	301 216-2510	3/20/2020	Show ID to verify that you live in service area. Will also take ID from home country along with a piece of mail to verify residence. No income eligibility for pantry needs	See zipcodes served.	Bring ID to show proof of residence. Gaithersburg area residents. Service area: all of zip codes 20877, 20878, 20879, 20880, and 20886, plus parts of: 20850 (west of Shady Grove Rd and north of Piney Meetinghouse Rd), 20855 (west of Redland Rd)	Appointment-only	https://www.gaithersburghelp.org/contact/	301 Muddy Branch Rd.	Gaithersburg, MD	20878	Food (including baby food) and Toiletries Bank. Operating under their normal schedule. Call first for appointment. Appointments are filling up fast, will be added to a waiting list. Assistance in English and Spanish. You may be eligible to receive a 3-5 day supply of food from our Food Pantry. Please do not assemble in the waiting room. First-come, first-serve basis. Remain outside until the previous client exits. Other services provided: infant needs, help with prescription drug costs, transportation, and eviction prevention. See Rental and Bill Assistance Tab for details.

St. Martin of Tours Food Pantry	301-990-3203	3/20/2020	Distribution of numbers for places in line, starting at 5:45am on Monday Mornings. The distribution of food takes place at 11:30 am.	St. Martin of Tours Catholic Church	None	5:45 a.m.	https://www.stmartinsweb.org/st-martin-s-pantry	201 S. Frederick Avenue	Gaithersburg, MD	20877	The Pantry will continue to be open on Mondays at 5:45 am for distribution of food
Jaleo - Free Meals	301-913-0003	3/20/2020	Free meals on request - no ID or proof needed	Bethesda	None	12 - 4pm	https://www.jaleo.com/covid/	7271 Woodmont Avenue	Bethesda/MD	20814	Donations are requested to World Food Kitchen. But not required.
Shepherd's Table	301-585-6463	3/20/20, 6:32 pm , 8:18 PM 3/24		Silver Spring		Brunch 10:30 - 12pm Dinner 6-7:30pm	https://www.shepherdstable.org/	8106 Georgia Ave	Silver Spring/MD	20910	We will move meal service outside providing "to go" boxes.
Emergency Closure Meals Service for MCPS Students AT SCHOOLS		3/20/20, 12:45pm		Many school locations - see link	Children up to 18	M-F, 11am - 1pm	https://www.montgomeryschoolsmd.org/uploadedFiles/Coronavirus/COVID-19_Emergency_Closure_Meals_for_MCPS_Students.pdf				MCPS has established a temporary food distribution program at 20 schools for all children 18. Please click HERE for a complete list of sites. See also "Food" section below.
Emergency		3/20/20, 12:45pm		School Bus	Children up to 18	times vary according to	https://www.montgomeryschoolsmd.org/uploadedFiles/Coronavirus/COVID-19_Emergency_Closure_Meals_for_MCPS_Students.pdf		Germantown		Great Seneca Creek Elementary School 13010
Emergency Closure Meals Service for MCPS Students By School bus in Silver Spring		3/20/20, 12:45pm		School Bus distribution at some schools and shopping centers.	Children up to 18	times vary according to location, see notes	https://www.montgomeryschoolsmd.org/uploadedFiles/Coronavirus/COVID-19_Emergency_Closure_Meals_for_MCPS_Students.pdf		Silver Spring		White Oak Shopping Center 11200 New Hampshire Ave. Silver Spring, Maryland 11 A.M. Francis Scott Key Middle School 910 Schindler Dr. Silver Spring, MD 20903 11:30 A.M. Hillandale Shopping Center 10155 New Hampshire Ave. Silver Spring, MD 20903 12 P.M. Pisgah Lane and Hampshire Green Lane Silver Spring, MD 20903 12:30 P.M. Forest Park Apartments 9316 Piney Branch Rd. Silver Spring, MD 20903 1 P.M.
Clarksburg CAN	240-308-0867	3/20/2020, 3/25 1:53 pm	Prepacked meals for pick up only. Modular A Building (head south on 355, left after Greenridge Drive, before West Old Baltimore Road) Ride On Bus Route 75	Clarksburg Area	Proof that you live in the Clarksburg area.	Open: 1st Tuesdays (5-8pm) 1st Saturdays (9am-noon) And by Appointment Please email or call to make an appointment.	http://www.clarksburgcan.org/	Greenridge Baptist Church , 21925 Frederick Road	Clarksburg	20841	Open to residents of the 20871 zip code (and families who have a child enrolled in a school located in 20871). Pick up only, no deliveries. Photo ID and proof of residency required .
Bethesda HELP	301-365-2022	3/23/20; 4:30pm	Call and leave a message if you need assistance	Southern Montgomery County (Bethesda and surrounding areas, including parts of Silver Spring)	Need to reside in service area (see website for map or call to confirm); no income requirements.	Mon to Fri, 9am to 4pm	https://www.bethedahelp.org/home	P.O. Box 34094	Bethesda, MD	20827	A three-day supply of food for each member of the household will be delivered to homes in the service area regardless of income. Food requests are delivered to residents' homes the day after the phone message is received.
Meals for Kids - YMCA Arylawn Center	no phone given, email health@ymcadc.org	3/25/2020, 1:15pm	Meals for Kids, Produce for all - Meals start 3/26, Produce starts 3/24		Free	Produce: Mon 4-6, Tues 4-12 Meals: Tues & Fri 10:00 - 2:00	health@ymcadc.org	5650 Oakmont	Bethesda	20817	Boxed Meals contain 3 breakfasts and lunches, provided to youth 18 or younger, 2x per week. No membership required. No reservation required. Produce on a first come, first served basis
Meals for Kids - YMCA Bethesda	no phone given, email health@ymcadc.org	3/25/2020, 1:15pm	Meals for Kids, Produce for all - Meals start 3/26, Produce starts 3/24		Free	Produce: Wed 4-6, Thurs 9-12 Meals: Mon & Thurs 10:00 - 2:00		9401 Old Georgetown Rd	Bethesda Chevy Chase	20814	Boxed Meals contain 3 breakfasts and lunches, provided to youth 18 or younger, 2x per week. No membership required. No reservation required. Produce on a first come, first served basis
Meals for Kids - YMCA Silver Spring	no phone given, email health@ymcadc.org	3/25/2020, 1:15pm	Meals for Kids, Produce for all - Meals start 3/26, Produce starts 3/24		Free	Produce: Wed 4-6, Thurs 9-12 Meals: Mon, Wed & Fri 10-2		9800 Hastings Drive	Silver Spring	20901	Boxed Meals contain 3 breakfasts and lunches, provided to youth 18 or younger, 2x per week. No membership required. No reservation required. Produce on a first come, first served basis
Meals for Kids - YMCA CAQT Apartments, Takoma Park	no phone given, email health@ymcadc.org	3/25/2020, 1:15pm	Meals for Kids, Produce for all - Meals start 3/26, Produce starts 3/24		Free	Produce: Wed 4-6, Thurs 9-12 Meals: Mon-Fri 9-12		CAQT Apts, 8733 Carroll Ave #4	Takoma Park	20903	Boxed Meals contain 3 breakfasts and lunches, provided to youth 18 or younger, 2x per week. No membership required. No reservation required. Produce on a first come, first served basis