## MONTGOMERY COUNTY DISABILITY PROCESS

The purpose of this informational handout is to provide you with a basic and general overview of the disability process.

- 1. Contact Montgomery County Employee Retirement Plans at 240-777-8230 or <a href="retirement@montgomerycountymd.gov">retirement@montgomerycountymd.gov</a>. An Analyst will discuss all of the information regarding the process and benefits associated with your disability benefit. Please note that on average the process takes 3-6 months, but can take longer based on your specific situation, before a decision is reached. Please complete and sign the Disability Application and Authorization for Release of Medical Information Form. Please note that if you are in the RSP/GRIP we will place a hold on your Fidelity account pending your SSDI application decision.
- 2. Compile all medical documentation for the last 5 years and forward copies to Disability Benefits within 30 days of submitting the application. If additional time is needed, contact Disability Benefits for an extension.

Disability Benefits
Montgomery County Employee Retirement Plans
101 Monroe Street, 6<sup>th</sup> Floor
Rockville, MD 20850
240-777-0815
DisabilityBenefits@montgomerycountymd.gov

- 3. Once all medical documentation is received (including your personal records, the County's records and, if applicable, Workers' Compensation records), along with the applicable forms, the combined documents are sent to the Disability Review Panel for evaluation. Please be advised that the panel may schedule an Independent Medical Exam (IME) for you.
- 4. The panel's recommendation is made within 30 days after the panel's final discussion or 30 days after receipt of an Independent Medical Examination (IME) report.
- 5. The recommendation is forwarded to the Office of the County Attorney within 2 weeks for review and comments.
- 6. The decision memo is then sent to the Chief Administrative Officer (CAO) who determines the award.
- 7. MCERP notifies the applicant as well as the applicant's department of the CAO's decision, along with appeal rights. If the applicant is awarded a disability benefit, a counseling appointment is scheduled with a retirement analyst to discuss the benefits and to discuss the completion of the required forms.
- 8. Please contact Disability Benefits at any time regarding the status of your application.

## Montgomery County Application for Disability Benefits

| Name:  | SSN:  |
|--|---|
| Address:   | Date of Birth:  |
|  | Email:  |
| Phone Number: Alt. Ph  | one Number:   |
| Department:  |   |
| Supervisor Name:   | Phone Number:   |
| Current Work Status:   | ☐ Not at Work ☐ Terminated/Retired  |
| Effective Date:  |   |
| Retirement Plan:   ERS   RSP   GRIF  | check one)  |
| Union Status:  | F Non-Union (check one)   |
| Do you want the union to receive a copy of this application  | on:   |
| • I hereby submit my application for disability benefits and correct to the best of my knowledge.  | and certify that the information I have provided is true                                  |
| • I understand that the disability benefit, if approved, we renders a decision or the date my sick leave and compunderstand that if I am still employed, I will be contact employment will be terminated as of that date.  | ensatory leave in excess of 80 hours is exhausted. I                                      |
| <ul> <li>I understand I am responsible for obtaining any person<br/>Manager. The Disability Manager will obtain Worker<br/>Occupational Medical Services records for the Disabil<br/>records will become property of the Montgomery Council not be returned to you.</li> </ul> | rs' Compensation and Montgomery County<br>lity Review Panel. Please be advised that these |
| Signature:   | Date:   |
| Print Name:  |   |
| MCERP completes this section   |   |
| Hire Date: Job Class:  | (name) (code number)  |
| s this an Administrative Application? If yes, att  | ach all documentation provided by the department.   |
| Hold placed on RSP/GRIP account: If yes, attach confirmation.  |   |
| Notes:   |   |
|  |   |

## MONTGOMERY COUNTY AUTHORIZATION FOR RELEASE OF MEDICAL INFORMATION

| <u>SCOPE</u>   |  |
|--|--|
| This Release for Medical Information is to support the submitted on This release per Medical, mental health, dental care, drug or alcohol us insurance coverage records.   | rtains to all of the following records:  |
| This authorization is for the release of medical records pharmacists, employers, and all other agencies or organ providers, Workers' Compensation administrators and Medical Services. Please send to the Montgomery Compensation (MCERP) within two weeks of submitting the applications. | mizations. This includes any health care Montgomery County Occupational unty Employee Retirement Plans |
| <u>AUTHORITY</u>   |  |
| I agree that MCERP may see, or obtain a copy of, all r   | ecords that pertain to   |
| , for the s  | ole purpose of processing an application   |
| (Name of Applicant) for County disability benefits. All such records will be for disability benefits under the Montgomery County C disability benefit medical records, and will be kept sep the County.  | Code. All records collected will be kept as  |
| This information is for the sole use of employees and a processing and evaluation of the application for disabilinformation will not be given in an identifiable form to release in writing.   | lity benefits. Unless a law requires it,   |
| MCERP will not incur any liability or assume responsi<br>complying with this request for medical records.  | ibility for any expenses incurred in   |
| REVOCATION   |  |
| I can revoke this authorization by giving written notice<br>information released before the date MCERP has the n<br>valid while the claim is pending, but not for more than  | otice. If not revoked, this form will be   |
| I agree that a photocopy of this form will be as valid as signing this authorization may have a copy of it.  | s the original. Upon request, anyone   |
| Signature:   | Date:  |
| Printed Name/Relationship  | (If signed by other than the applicant)  |
| cc: Applicant  |  |