MONTGOMERY COUNTY
DISABILITY PROCESS

The purpose of this informational handout is to provide you with a basic and general overview of the disability process.

1. **Contact Montgomery County Employee Retirement Plans at 240-777-8230 or retirement@montgomerycountymd.gov.** An Analyst will discuss all of the information regarding the process and benefits associated with your disability benefit. Please note that on average the process takes 3-6 months, but can take longer based on your specific situation, before a decision is reached. Please complete and sign the Disability Application and Authorization for Release of Medical Information Form. Please note that if you are in the RSP/GRIP we will place a hold on your Fidelity account pending your SSDI application decision.

2. **Compile all medical documentation for the last 5 years and forward copies to Disability Benefits within 30 days of submitting the application.** If additional time is needed, contact Disability Benefits for an extension.

   Disability Benefits
   Montgomery County Employee Retirement Plans
   101 Monroe Street, 15th Floor
   Rockville, MD 20850
   240-777-0815
   DisabilityBenefits@montgomerycountymd.gov

3. **Once all medical documentation is received (including your personal records, the County’s records and, if applicable, Workers’ Compensation records), along with the applicable forms, the combined documents are sent to the Disability Review Panel for evaluation. Please be advised that the panel may schedule an Independent Medical Exam (IME) for you.**

4. **The panel’s recommendation is made within 30 days after the panel’s final discussion or 30 days after receipt of an Independent Medical Examination (IME) report.**

5. **The recommendation is forwarded to the Office of the County Attorney within 2 weeks for review and comments.**

6. **The decision memo is then sent to the Chief Administrative Officer (CAO) who determines the award.**

7. **MCERP notifies the applicant as well as the applicant’s department of the CAO's decision, along with appeal rights. If the applicant is awarded a disability benefit, a counseling appointment is scheduled with a retirement analyst to discuss the benefits and to discuss the completion of the required forms.**

8. **Please contact Disability Benefits at any time regarding the status of your application.**
Montgomery County
Application for Disability Benefits

Name: ________________________________ SSN: ____________________________

Address: ______________________________ Date of Birth: ______________________
____________________________________ Email: ____________________________

Phone Number: ________________________ Alt. Phone Number: __________________

Department: __________________________

Supervisor Name: ______________________ Phone Number: ____________________

Current Work Status: □ Full Duty  □ Light Duty  □ Not at Work  □ Terminated/Retired

Effective Date: ________________

Retirement Plan: □ ERS  □ RSP  □ GRIP  (check one)

Union Status: □ MCGEO  □ FOP  □ IAFF  □ Non-Union  (check one)

Do you want the union to receive a copy of this application: □ Yes  □ No  (check one)

- I hereby submit my application for disability benefits and certify that the information I have provided is true and correct to the best of my knowledge.
- I understand that the disability benefit, if approved, will be effective on the earlier of the date that the CAO renders a decision or the date my sick leave and compensatory leave in excess of 80 hours is exhausted. I understand that if I am still employed, I will be contacted to advise me of the decision and, that my employment will be terminated as of that date.
- I understand I am responsible for obtaining any personal medical records to be submitted to the Disability Manager. The Disability Manager will obtain Workers’ Compensation and Montgomery County Occupational Medical Services records for the Disability Review Panel. Please be advised that these records will become property of the Montgomery County Employee Retirement Plans (MCERP) and will not be returned to you.

Signature: ____________________________ Date: ____________________________

Print Name: ____________________________

MCERP completes this section

Hire Date: ________________ Job Class: ________________________ (name) __________________ (code number)

Is this an Administrative Application? ____________ If yes, attach all documentation provided by the department.

Hold placed on RSP/GRIP account: ________________ If yes, attach confirmation.

Notes: ____________________________________________
Montgomery County Employee Retirement Plans
101 Monroe Street, 15th Floor
Rockville, MD 20850
Phone: 240-777-0815 ■ Fax: 301-279-1424

Release of Disability Medical Records Form

I hereby authorize Montgomery County Employee Retirement Plans to release copies of my disability medical records as herein specified to (check all that apply):

_____ Myself (Signature below) – Specify address/e-mail: ________________________________

_____ My Union Representative – Specify name: ________________________________

_____ My Attorney – Specify name & address: ________________________________

_____ Other – Specify name & address: ________________________________

Please release the following components of my disability record:

_____ Entire Disability Record (includes all reports and correspondence)

_____ Disability Review Panel Report only

_____ Physician Reviewer Report only (re-evaluations)

_____ Other – Specify: ________________________________

I understand that by checking entire disability record above, my signature below authorizes the release of records submitted by health care providers to the Montgomery County Employee Retirement Plans, unless the health care provider has prohibited disclosure.

Print Name: ____________________________ SSN: ____________________________

Signature: ____________________________

Date: ____________________________

Expiration Date of Release Form: ____________ (Not to exceed one year from signature date)