#### MONTGOMERY COUNTY DISABILITY PROCESS

The purpose of this informational handout is to provide you with a basic and general overview of the disability process.

- 1. Contact Montgomery County Employee Retirement Plans at 240-777-8230 or <u>retirement@montgomerycountymd.gov</u>. An Analyst will discuss all of the information regarding the process and benefits associated with your disability benefit. Please note that on average the process takes 3-6 months, but can take longer based on your specific situation, before a decision is reached. Please complete and sign the Disability Application and Authorization for Release of Medical Information Form. Please note that if you are in the RSP/GRIP we will place a hold on your Fidelity account pending your SSDI application decision.
- 2. Compile all medical documentation for the last 5 years and forward copies to Disability Benefits within 30 days of submitting the application. If additional time is needed, contact Disability Benefits for an extension.

Disability Benefits Montgomery County Employee Retirement Plans 101 Monroe Street, 15<sup>th</sup> Floor Rockville, MD 20850 240-777-0815 DisabilityBenefits@montgomerycountymd.gov

- 3. Once all medical documentation is received (including your personal records, the County's records and, if applicable, Workers' Compensation records), along with the applicable forms, the combined documents are sent to the Disability Review Panel for evaluation. Please be advised that the panel may schedule an Independent Medical Exam (IME) for you.
- 4. The panel's recommendation is made within 30 days after the panel's final discussion or 30 days after receipt of an Independent Medical Examination (IME) report.
- 5. The recommendation is forwarded to the Office of the County Attorney within 2 weeks for review and comments.
- 6. The decision memo is then sent to the Chief Administrative Officer (CAO) who determines the award.
- 7. MCERP notifies the applicant as well as the applicant's department of the CAO's decision, along with appeal rights. If the applicant is awarded a disability benefit, a counseling appointment is scheduled with a retirement analyst to discuss the benefits and to discuss the completion of the required forms.
- 8. Please contact Disability Benefits at any time regarding the status of your application.

### Montgomery County Application for Disability Benefits

Name:	SSN:
Address:	Date of Birth:
	Email:
Phone Number:	Alt. Phone Number:
Department:	
Supervisor Name:	Phone Number:
Current Work Status:	at Duty 🗌 Not at Work 🗍 Terminated/Retired
Effective Date:	
Retirement Plan: ERS RSP	GRIP (check one)
Union Status: $\Box$ MCGEO $\Box$ FOP	□ IAFF □Non-Union (check one)
Do you want the union to receive a copy of this a	pplication: 🗌 Yes 🗌 No (check one)

- I hereby submit my application for disability benefits and certify that the information I have provided is true and correct to the best of my knowledge.
- I understand that the disability benefit, if approved, will be effective on the earlier of the date that the CAO renders a decision or the date my sick leave and compensatory leave in excess of 80 hours is exhausted. I understand that if I am still employed, I will be contacted to advise me of the decision and, that my employment will be terminated as of that date.
- I understand I am responsible for obtaining any personal medical records to be submitted to the Disability Manager. The Disability Manager will obtain Workers' Compensation and Montgomery County Occupational Medical Services records for the Disability Review Panel. Please be advised that these records will become property of the Montgomery County Employee Retirement Plans (MCERP) and will not be returned to you.

Signature:		Date:	
Print Name:			
MCERP completes this sec	tion		
Hire Date:	Job Class:	(name)	(code number)
Is this an Administrative Application?		If yes, attach all documentation provided by the department.	
Hold placed on RSP/GRIP account:		If yes, attach confirmation.	
Notes:			

## Montgomery County Employee Retirement Plans

101 Monroe Street, 15<sup>th</sup> Floor Rockville, MD 20850 Phone: 240-777-0815 ■ Fax: 301-279-1424

# **Release of Disability Medical Records Form**

I hereby authorize Montgomery County Employee Retirement Plans to release copies of my disability medical records as herein specified to (check all that apply):

\_\_\_\_\_ Myself (Signature below) – Specify address/e-mail: \_\_\_\_\_\_

\_\_\_\_\_ My Union Representative – Specify name: \_\_\_\_\_\_

\_\_\_\_ My Attorney – Specify name & address: \_\_\_\_\_

\_\_\_\_\_ Other – Specify name & address: \_\_\_\_\_\_

#### Please release the following components of my disability record:

- \_\_\_\_\_ Entire Disability Record (includes all reports and correspondence)
- \_\_\_\_\_ Disability Review Panel Report only
- \_\_\_\_\_ Physician Reviewer Report only (re-evaluations)
- \_\_\_\_\_ Other Specify: \_\_\_\_\_\_

I understand that by checking entire disability record above, my signature below authorizes the release of records submitted by health care providers to the Montgomery County Employee Retirement Plans, unless the health care provider has prohibited disclosure.

 Print Name:
 \_\_\_\_\_\_

 SSN:
 \_\_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Expiration Date of Release Form: \_\_\_\_\_ (Not to exceed one year from signature date)