**LINE-UP DRILL BRIEFING
CRR TOPIC: FILE OF LIFE – Small Tool, Big Impact**

Crews – heads up.

Today we're highlighting something simple, but critical — a tool that saves **our time** and **their lives**. It's called the **File of Life**. Some of you have seen it. Some haven't. That inconsistency? Ends today.

WHAT IS IT?

The **File of Life** is a small red magnetic packet that goes on the front of the refrigerator (or side if stainless steel) or even in a wallet. Inside the packet? **Vital medical info**:

- Name, DOB, medications, allergies
- Emergency contacts
- Preexisting conditions
- Other Key Information to help provide the best care

The File of Life packet is designed to give you **immediate access** to life-saving information when seconds count.

WHY IT MATTERS FOR US

You know the scene:

- Patient is unconscious
- Language barriers
- Family in distress
- No time to dig through drawers or hunt for pill bottles

The File of Life eliminates the guesswork. It gives us a clear medical snapshot in seconds, helping us make faster, smarter decisions. That can mean the difference between life and death.

WHY IT MATTERS FOR THE COMMUNITY

- Empowers residents, especially seniors and medically vulnerable people
- Builds community resilience – they're more prepared, and we're better equipped to help
- Improves outcomes – fewer delays, fewer mistakes, better continuity of care

OUR ROLE

Let's make this tool part of our routine.

- **Look for it** – First thing when entering a residence, check the fridge for this info
- **Ask about it** – If there's no packet, ask the patient or family
- **Educate** – Carry extras on the rig, intentionally provide them during EMS or wellness checks or public events.
- **Assist with completion** – many packets are blank. Help people FILL THEM OUT when you can.
- **Restock -** Need more? Order from CRR via Quicklinks.

ACTION TODAY:

1. **Review** what's in the File of Life
2. **Visit the CRR webpage for more info** Click Here

FINAL WORD

This tool builds **trust**, saves **time**, and saves **lives**. Let's not overlook it — let's make it the standard. **The File of Life:** Just what you need, right when you need it.