Risk Watch®: Unintentional Injuries includes classroom workbooks for grades kindergarten through six only. The Grades 7 and 8 levels do not include classroom workbooks. Other reproducibles included in the Grades 7 and 8 teacher module are included on this CD.
Coach Your Team to Success Worksheet

As the coach of a small group, your task is to help your team present safety messages to your classmates through skits, public service announcements, songs, talk show interviews, etc.

Setting the Stage
1. Seat your group in a circle.
2. Ask one person to record information for the group.
3. Review the student information on the back of the Icon Card.
4. Discuss each safety message. Discuss why it is an important message.
5. Ask group members to think of something that actually happened to them or something that they heard about that relates specifically to the safety message.
6. Ask for several volunteers to tell their personal stories.
7. Listen to the first story, and follow up the story with questions to the entire group. Sample questions are:
   • Was there another way to have handled the situation?
   • Were there other steps that could have been taken?
   • What kind of information should we share with others who might be in a similar situation? (This additional information will be helpful when planning your presentation.)
8. Continue this process with each safety message until everyone has shared a story or you feel you have enough ideas to prepare your presentation.

The Presentation
1. Explain that the group is going to create a presentation to show what you’ve learned in your small group. Everyone in your group must be involved in the presentation.
2. As a group, decide on a format for the presentation (skit, song, public service announcement, talk show interview, etc.).
3. Decide on the information you need to present to your classmates. Make sure that the information you present is clear and concise (easy to understand). Develop an outline of the information you plan to use in your presentation.

Sample Outline
A. Introduction
   1. What is the information to be presented?
   2. What format do you plan to use for your presentation?
B. Message
   1. Why is the information important?
   2. Who needs to know the information?
   3. How does this information affect your family, your friends, and your community?
   4. When would this information be used?
   5. Where would you need to use this information?
C. Summary
   4. Ask your teacher to review the outline to make sure that your format and ideas are on track.
   5. Be creative as you develop your group presentation. The presentation should be 5–10 minutes in length. Everyone should be actively involved. Summarize the important points of your message at the end of the presentation.
   6. Practice, practice, practice to make sure everyone knows his or her part and that the information is presented in a clear way.
   7. If you have time, create props and a background to enhance your presentation.
   8. Have fun!
**Stumper Stories**

**Stumper Stories: Match Your Wits**
Jenny and Tasha were proud of the clubhouse they had constructed from old plywood and cardboard in a seldom-used corner of their local park. One Saturday, the two girls met to play Chinese Checkers in the clubhouse. Jenny showed Tasha the candles and matches she had “borrowed” from her parents’ house.

**Stumper Stories: Route Out**
It was summer vacation and the girls had a full week to visit Grandpa’s farm. The old farmhouse was at least 150 years old and was full of mysterious corners and places to explore. Three days into their visit, the girls had created a wonderful playhouse hidden in the attic. On the fourth day, the whole attic began to fill with smoke.

**Stumper Stories: Too Much of a Good Thing**
Tess has had a week of coughing, fevers, sore throat, and body aches. Her mom works, so Tess has had to stay home alone. The medicine her mom gave her before work didn’t seem to work, so Tess took some more. Now she feels even worse — dizzy, sweating, and shaky.

**Stumper Stories: Don’t Fall for This**
Ben was really excited when his father bought a jet ski to use on the lake near his family’s summer cabin. He got to sit on back when his older sister Megan drove the jet ski that afternoon. Ben was 12, but he was tall for his age, and he was convinced he could safely pilot the jet ski. He knew all the instruments from watching Megan and his parents, so that afternoon while they were cooking supper in the cabin, Ben went down to the shore where the jet ski was kept.

**Stumper Stories: Safe Slide?**
The morning temperature was below freezing, and it left a cover of frost and ice over everything. It was beautiful, but cold! Rochelle and all the students at her bus stop decided to wait on Rochelle’s porch to stay warm. When the bus finally appeared, they all dashed for the bus to be the first on board. As the bus pulled to a stop, it slid sideways.

**Stumper Stories: The Steps to Safety**
Danny was watching his little sister play on the carpeted stairs of their apartment building. He saw her drop her doll on a lower step and start to reach down to grab it.

**Stumper Stories: New Route Plan**
Luis had taken a note down to the office for his teacher, Mr. Thomas, and was getting a drink at the fountain when he heard the alarm sound. He knew it meant either a fire drill or the real thing. He’d been on plenty of fire drills with the class, but this was a new situation for him. He was separated from his class, and Mr. Thomas was way over on the other side of the building.

**Stumper Stories: Hot Plans**
Sally was baby-sitting for five-year-old twins. The day was cold and damp so the afternoon plan was to play cards and have popcorn and hot chocolate. Sally needed to decide where to play cards, knowing that the warmest spot in the house was close to the wood-burning stove.

**Stumper Stories: Match Your Wits**
Tray is alone at home, waiting for her mom to come home from work, when the smoke alarm in the hall goes off.

**Stumper Stories: Don’t Walk**
A “Don’t Walk” sign flashed as a young boy crossed the street.

**Stumper Stories: Home Alone**
Tray is alone at home, waiting for her mom to come home from work, when the smoke alarm in the hall goes off.

**Stumper Stories: Smoke Goes Up**
Jed and Lani smelled smoke in the next room as they were playing chess in Lani’s room one rainy day. When they opened the bedroom door, billows of smoke filled the hallway and spilled into Lani’s room. Jed started out into the hall, but Lani put her hand on his shoulder and indicated that they should close the door and seal around the edges with sheets to keep the smoke out. Then she said, “We should try to get out through the window.” Jed thought Lani was just wasting time. “I want to get out NOW!” he said.

**Stumper Stories: Peer Pressure**
A group of nine-year-olds at summer camp are talking about jumping off the railroad trestle into the lake.

**Stumper Stories: Small Bites**
Jeremy’s birthday party was at the arcade. Each kid got 10 tokens to play games and is allowed to have all the hot dogs, chips, and soda pop he or she wants. Todd was so excited to return to “Asteroids over Mars” that he ate standing up and ran back to the game as soon as the last bite was in his mouth. Within seconds, Todd couldn’t breath or speak.
Stumper Stories

Stumper Stories: Stay or Go?
Janelle has been invited to join some neighbors on their motorboat, but they don’t have an extra personal flotation device (PFD) for her.

Stumper Stories: On Edge
Christopher’s mom is on the phone and doesn’t see his little brother reaching up to the pot handle that is extended past the edge of the stove.

Stumper Stories: Bumpy Ride
A bicycle rider was wearing a helmet, but it wasn’t fastened, and it slipped off and fell as she rode over a curb.

Stumper Stories: Out of Reach
A young child sits on the kitchen floor, crying, and holding her ankle. A toppled chair and some books are lying on the floor next to the child. A smashed cookie jar and some cookies are on the kitchen counter under an open cupboard door.

Stumper Stories: After-Dinner Nap
Bethen is staying overnight with her grandpa and after dinner, he lights up a cigar. He nods off to sleep while the cigar is still lit.

Stumper Stories: After Dark
Tina was playing computer games at a friend’s house. Now it’s dark, and she has to ride her bike home.

Stumper Stories: Know the Lake
Todd had just moved into the new apartment complex. He was thrilled because the biggest attraction in the neighborhood was a great swimming lake. On the first warm June afternoon of summer vacation, he went to explore the swimming possibilities.

Stumper Stories: What to Do?
There is one more child than there are safety belts in the car.

Stumper Stories: Crosswalk Guide
Pam and Deanna are riding their bikes to school. They have only five minutes to get to school before the bell rings, and they are still two blocks away. Pam is ahead and the light turns yellow when Deanna reaches the intersection.

Stumper Stories: Stay Afloat
Frog’s Leap Park has the best pond for exploring. One afternoon, Brian and his buddies discovered an old raft that appeared to still float. Brian challenged his friends to paddle it to the other side of the pond. Midway across, one of the boards broke, causing the raft to fall apart.

Stumper Stories: Just for Fun
George’s friend has a book of matches and is asking him to go down in the basement with her to light them for fun.

Stumper Stories: Sibling Squabbles
Antoine’s mom is blind. She uses a white cane when she walks to the store. Antoine and his sister Mimi are walking with her one day and they begin teasing each other. When they get to an intersection, Mom starts to cross while the two of them call each other names.

Stumper Stories: Warning!
Jim comes in from playing with his friends outside. Beneath the table lies Jim’s younger brother, unconscious. An open container of children’s vitamins is by his hand.

Stumper Stories: Too Hot to Handle
Chet was running the hot water in the kitchen sink to do the dinner dishes. He put his hand under the faucet but pulled it back instantly when the water scalded his hand.

Stumper Stories: Too Close for Comfort
Sherry’s clothes catch fire as she stands too close to a bonfire.

Stumper Stories: Over the Falls
Tran is really hot after a bike ride to a creek. His friend suggests cooling off by diving into the creek from the top of a little waterfall.

Stumper Stories: Solid Decisions
Justin and Peter are walking home from school. It has been an extremely long winter, but spring is on its way. The piles of snow are mostly gone, but there is still ice on the pond in their neighborhood. All winter, the boys have to walked across the frozen pond to get home more quickly. Today, as they walked on the ice, they saw circles of water around the dock posts.

Stumper Stories: Dinner Out
Tony and his father are having dinner in a restaurant when Tony’s father starts to choke.

Stumper Stories: Keep Your Seat and Keep Your Cool
Curtis had been angry at Juan all day at school, but the teacher watched to see that they did not get in each other’s way or start a fight. When the two boys were on the school bus that afternoon, Curtis saw his chance to get back at Juan. Curtis stood up as the bus left the bus stop and almost fell in the aisle as he hurried to get to Juan’s row.
Stumper Stories

Stumper Stories: Guns Are Not Toys
Anthony, Brian, and Ben built a fort in the woods down the block from Brian’s house. Cap guns are their favorite toys and today, Sam joined them with his gun, too. An hour later, Ben is in the emergency room. Brian and Sam are sitting in Ben’s kitchen with some neighbors and a police officer. On the table are three cap guns and a hand gun.

Stumper Stories: Exit this Way
The only way out of the house that’s on fire is through the smoke-filled kitchen.

Stumper Stories: Cracker Jack
Jack’s friends got the idea of putting firecrackers behind another friend to scare him. They are getting out the matches to light the firecrackers.

Stumper Stories: Close Enough?
The boat contained enough personal flotation devices (PFDs) for everyone, but not everyone was wearing one. The boat flipped over.

Stumper Stories: Belt It!
A child is riding in a back seat of a car and having a great time. He is jumping around, singing, and talking to the driver by leaning over the front seat.

Stumper Stories: Give Them Some Space
Chou’s little sister got too close to the space heater and burned her fingers.

Stumper Stories: Mad Dash
The parking lot at the grocery store is full of cars and people. It is next to the karate school where Annie takes lessons. When Annie’s mom pulls into the lot after her lesson, Annie and her three friends run for the car.

Stumper Stories: Go with the Flow
Jim and Mac were told to stick around while their dad was looking for clothes at a big department store. Jim told Mac his favorite game was to see if he could walk up the down escalator to the next floor. Mac said he didn’t believe Jim could do it.

Stumper Stories: Near and Far
A buddy wants to use Lee’s bike but doesn’t want to bother with the helmet because he won’t be going far.

Stumper Stories: Do Not Enter
Kenyatta is riding her bike with a friend, and he wants to take a shortcut by traveling the wrong way on a one-way street.

Stumper Stories: Short Stay
Tommy’s overnight stay at Pat’s house is cut short when he falls from a pine tree that he and Pat were climbing.

Stumper Stories: What’s That Smell?
Natasha plugs in the toaster and notices a funny smell. When she looks at the cord, she sees it is frayed.

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Stumper Stories: Near and Far
A buddy wants to use Lee’s bike but doesn’t want to bother with the helmet, because he won’t be going far.

Stumper Stories: Swimming Upstream
It’s a hot July day, and the Mitchells and Samuelsons are all swimming at the St. Croix River. The river is a wide, slow-moving river with wonderful sandbars to swim to. Everyone was swimming out to the sandbar and running through the shallow water when Tracey was seen struggling with the current and going downstream.

Stumper Stories: Do Not Enter
Kenyatta is riding her bike with a friend, and he wants to take a shortcut by traveling the wrong way on a one-way street.

Stumper Stories: Short Stay
Tommy’s overnight stay at Pat’s house is cut short when he falls from a pine tree that he and Pat were climbing.

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**Risk Watch® Icon Cards**

Duplicate this sheet to use the Risk Watch icons in student projects. Ideas for the icons include decorating student journals, Risk Watch safety badges, props for presentations, games, or other fun ideas you may have!

<table>
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<tr>
<th>Lesson</th>
<th>Topic</th>
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<tbody>
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<td>2</td>
<td>Fire &amp; Burn Prevention</td>
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<td>3</td>
<td>Choking, Suffocation, and Strangulation Prevention</td>
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<td>Falls Prevention</td>
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<td>7</td>
<td>Bike and Pedestrian Safety</td>
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<td>8</td>
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</tbody>
</table>

*Risk Watch is a trademark of the National Fire Protection Association (NFPA), Quincy, Massachusetts.*
Safety Test for Grades 7 & 8

DIRECTIONS

Read each of the questions and decide on the BEST answer. Then mark an answer on your separate answer sheet.

1
Safety belts are used correctly when the shoulder strap fits snugly
   A. near the face.
   B. under the arm.
   C. around the neck.
✔ D. across the chest.

2
In a fire, smoke will
   A. settle near the floor.
✔ B. rise to the ceiling.
   C. stay near the fire.
   D. be equally distributed in a room.

3
When on a boat, a personal flotation device (PFD) should be worn
   A. when getting on or off the boat.
   B. when the water is choppy.
   C. only if you’re not a good swimmer.
✔ D. at all times.

4
If you think someone may be choking, which of the following should you do first?
✔ A. Ask if he/she can cough, speak, or breathe.
   B. Tell the person to raise their arms over their head.
   C. Perform the Heimlich maneuver.
   D. Begin rescue breathing.

5
Which of the following should not be worn on the playground?
✔ A. Jacket hoods with drawstrings
   B. Sneakers
   C. Gloves
   D. Belts

6
After getting off the bus, you should walk
   A. in front of the bus.
   B. behind the bus.
✔ C. on the sidewalk.
   D. in the street.

7
The Heimlich maneuver is used when someone is
   A. drowning.
   B. choking.
   C. on fire.
   D. unconscious.

8
Where should medicine be stored?
   A. Desk drawer
   B. Bathroom closet
   C. High, locked cabinet
✔ D. Open, visible place

9
What can prevent a fall from stairs or an escalator?
   A. Hold someone’s hand
   B. Keep stairs free of toys
   C. Hold hand railings
   ✔ D. Both B & C
10 When you go swimming in a new place, you should
✓ A. always wade into the water or, in a pool, jump in feet-first.
B. only go if there are other kids around.
C. bring a friend with you.
D. always dive in head first.

11 It is beginning to get dark. You are riding your bike home from your friend’s house. What is the best way for drivers to see you?
   A. Ride along the side of a street with street lights.
   B. Carry a flashlight with you.
   C. Ride home really fast.
✓ D. Wear brightly colored or retro reflective clothing.

12 What is the best thing to wear on your feet in a playground?
   A. Sandals
   B. Boots
✓ C. Sneakers
   D. No shoes. Bare feet are safest.

13 You are visiting your cousin’s house. He and his friends are looking at a gun. They are trying to figure out whether it is a toy gun or a real gun. What should you do?
   A. Stand and watch but don’t touch the gun.
✓ B. Leave the area immediately and tell a grown-up.
   C. Pick it up and examine it closely.
   D. Pick it up and take it to a grown-up immediately.

14 Where should children aged 12 and under ride in the car?
   A. Buckled, in the front passenger seat
✓ B. Buckled, in the back seat
   C. Unbuckled, in the back only
   D. It doesn’t matter as long as they are buckled.

15 If you drop something near the bus,
   A. run to pick it up.
   B. wait until the bus leaves to pick it up.
✓ C. tell the bus driver.
   D. ask a friend walking behind you to pick it up.

16 If you must escape through a smoky area, you should
   A. keep close to the wall and walk slowly toward the exit.
   B. cover your nose and run quickly to the exit.
✓ C. roll quickly to your exit.
   D. crawl low under the smoke to your exit.
17
Yvonne is going on a boat trip with her friend’s family. When they get there, they realize that there are enough personal flotation devices (PFDs) for everyone but there are not enough seats for everyone on the boat. What should they do?
A. Everyone can go as long as they are all wearing a personal flotation device (PFD).
B. Yvonne will share a seat with her friend.
✔ C. Some family members will not go on the boat so that everyone has a seat and a personal flotation device (PFD)
D. Some family members will stand during the boat ride.

18
Matt has a bad headache. He gets home from school and Samantha, his 15-year-old sister, is the only one home. What should he do?
✔ A. Wait until an adult gets home before taking any medicine.
B. Take some medicine from the cabinet and go to bed.
C. Ask Samantha for some medicine.
D. Call the doctor.

19
Jamie is riding her bike in the street. She should be
A. both B and C.
B. riding against the traffic flow.
C. wearing a bike helmet.
✔ D. wearing a bike helmet and riding with the traffic flow.

20
Where should the Poison Control Center phone number be posted?
A. By the medicine
✔ B. By the telephone
C. In the closet
D. In the front of your phone book

21
While playing at a friend’s house, you find a gun. You should
A. take the gun to an adult.
B. put it back where you found it.
C. check to make sure the gun is unloaded.
✔ D. leave the area and tell an adult.

22
If you cannot escape from a burning building, you should
A. open doors to let the smoke spread evenly throughout the area, then call the fire department to let them know where you are.
B. find an area with relatively little smoke and hide in a contained place, like a closet.
✔ C. close doors between you and the smoke, seal cracks with duct tape or towels, and call the fire department to let them know where you are.
D. hold your breath and run quickly through the smoke to the stairwell.
23  
You are riding your bike with your friends and need to cross the street. You should

✔ A. get off your bike, look both ways, and walk it across the street.
  B. ride across the street in a single line.
  C. look both ways, then ride across the street.
  D. get off your bike and run across the street.

24  
Is it OK for a person your age to swim without a lifeguard or adult present?

A. Yes
✔ B. No
  C. It depends on how good a swimmer the young person is.
  D. It depends on how dangerous the water is.
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D. Call the doctor.

19
Jamie is riding her bike in the street. She should be
A. both B and C.
B. riding against the traffic flow.
C. wearing a bike helmet.
D. wearing a bike helmet and riding with the traffic flow.

20
Where should the Poison Control Center phone number be posted?
A. By the medicine
B. By the telephone
C. In the closet
D. In the front of your phone book

21
While playing at a friend’s house, you find a gun. You should
A. take the gun to an adult.
B. put it back where you found it.
C. check to make sure the gun is unloaded.
D. leave the area and tell an adult.

22
If you cannot escape from a burning building, you should
A. open doors to let the smoke spread evenly throughout the area, then call the fire department to let them know where you are.
B. find an area with relatively little smoke and hide in a contained place, like a closet.
C. close doors between you and the smoke, seal cracks with duct tape or towels, and call the fire department to let them know where you are.
D. hold your breath and run quickly through the smoke to the stairwell.

23
You are riding your bike with your friends and need to cross the street. You should
A. get off your bike, look both ways, and walk it across the street.
B. ride across the street in a single line.
C. look both ways, then ride across the street.
D. get off your bike and run across the street.

24
Is it OK for a person your age to swim without a lifeguard or adult present?
A. Yes
B. No
C. It depends on how good a swimmer the young person is.
D. It depends on how dangerous the water is.
This form can be used to record student knowledge test scores before participating in the Risk Watch program. After studying all the risk areas, have students take the Knowledge Test again and record the test scores after the program. Converting the test scores to percents will help you calculate the overall class knowledge gain.

<table>
<thead>
<tr>
<th>Student’s Name</th>
<th>Number of Correct Answers before Program</th>
<th>Percentage of Correct Answers before Program</th>
<th>Number of Correct Answers after Program</th>
<th>Percentage of Correct Answers after Program</th>
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</table>

Total Percentages: 
Class Average: 

Risk Watch® is a registered trademark of NFPA, Quincy, MA.
We want to know what you think of Risk Watch®. Use this User Survey Form to let us know how the program has worked in your classroom and ideas to make the program even better.

Name: ________________________________
School: ______________________________
Address: ______________________________
City: _________________________________
State/Province: ___________ Zip/Postal Code: ________________
Grade Level: _________________________

What do you like about Risk Watch?
__________________________________________________________________________
__________________________________________________________________________

What do children and caregivers like about Risk Watch?
__________________________________________________________________________
__________________________________________________________________________

What recommendations do you have to make the program better?
__________________________________________________________________________
__________________________________________________________________________

If you have observed a positive change in the behavior of any of your students as a result of their participation in the Risk Watch program, please use the Risk Watch Success Incident Report Form to document it. Your class or student may be eligible to receive a certificate of recognition from NFPA!

Return completed form to:
NFPA, Public Education Division,
1 Batterymarch Park, P.O. Box 9101, Quincy, MA 02169-7471
Fax: (617)770-0200

Risk Watch is a registered trademark of NFPA, Quincy, Massachusetts.
We want to recognize students and others in your community who have put their Risk Watch® safety lessons into action. We'll mail a special commemorative certificate to your local hero for each documented “Risk Watch Save” or “Risk Watch Success” you tell us about.

A “Risk Watch Save” certificate will be presented to a person whose actions, learned as a direct result of participation in NFPA’s Risk Watch program, have resulted in the preservation of human life, or whose positive intervention has prevented or minimized a potentially life-threatening situation. (Examples: Nominee followed a pre-established escape plan and survived a home fire, survived a motor vehicle collision through the proper use of safety belts or a child restraint seat, avoided severe head injury in an actual bicycle incident by wearing a bike helmet; and so forth.)

A “Risk Watch Success” certificate will be presented to a person whose actions, learned as a direct result of participation in NFPA’s Risk Watch program, have reduced the danger of a potentially harmful situation. (Examples: Nominee persuaded caregiver to install a smoke alarm or practice a home fire drill; convinced a friend to wear a bicycle helmet or safety belt; told a responsible adult that he or she had found matches, poison, ammunition, or a gun; and so forth.)

In order for NFPA to issue a certificate in a timely fashion, please be as detailed as possible when completing this form.

Submitted by: ________________________________

School or organization: ________________________________

Address: ________________________________________

Telephone number: ________________________________

Fax number: ________________________________

E-mail: ________________________________________

NFPA will review the information provided on the Risk Watch Success Incident Report and determine the viability of the incident. Successes and Saves will be acknowledged with a certificate of commendation signed by the President of NFPA. The certificate will be sent to the person listed below for presentation to the individual who performed the safe behavior. Please specify contact name, complete address, and telephone number for NFPA to send the certificate.

When will the certificate be presented? ________________________________

continued…
Who performed the Risk Watch behavior? ______________________________

Age of individual at the time of the incident: _____ Grade: ____________

Name and ages of all children involved: __________________________________

____________________________________________________________________

Date of incident: _____________________________________________________

City/town where the incident occurred: __________________________________

____________________________________________________________________

Exact location where incident took place: ________________________________

____________________________________________________________________

In the event of a “Save,” NFPA will contact the child’s family, please include the family’s home phone number in your initial report: __________________________

Name of teacher who taught the individual the Risk Watch behavior:

____________________________________________________________________

When was Risk Watch first implemented in the classroom?

____________________________________________________________________

When was Risk Watch first implemented in the community?

____________________________________________________________________

Please indicate the risk area involved with this incident (check box):

- Motor Vehicle Safety
- Fire and Burn Prevention
- Choking, Suffocation, and Strangulation Prevention
- Poisoning Prevention
- Falls Prevention
- Firearms Injury Prevention
- Bike and Pedestrian Safety
- Water Safety

Please write a detailed summary of the incident, spelling out exactly what happened and what steps were taken by each person involved in the incident. Also explain how the child’s action(s) positively impacted his/her safety and that of others. Attach documentation such as a newspaper article or incident report, if available.

Return completed form to:
NFPA, Public Education Division, 
1 Batterymarch Park, Quincy, MA 02169-7471
NFPA recognizes

as an official *Risk Watcher.*

_D A T E_

_T E A C H E R_