From WTOP......According to AAA, Virginia State Police stopped at least eight drivers exceeding 100 mph on Saturday, May 2, with one of those drives clocked at 132 mph. Maryland State Troopers ticketed one driver for driving 136 mph on the Capital Beltway, one of four triple-digit offenders on Sunday.

In Montgomery County alone, AAA said speed camera violations exceeding 100 mph are up 500% between April 26 and May 1 compared to that same period last year.

⇒ More now than ever, every uncontrolled lane at an intersection is a loaded torpedo tube waiting to fire at you. You must account for the open lanes and avoid committing until you clearly see the status of each lane. Check your mirrors for vehicles about to overtake you in adjacent lanes.

⇒ Be as predictable as possible. Someone who is speeding has to anticipate your move to avoid you, so turn signals and methodical vehicle movements are essential if there's any chance they won't hit you.

⇒ Control your own speed. The posted speed limits are indicative of the road features, such as sight distance and contours. The lack of traffic congestion may provide an opportunity to increase your speed, but the sight distances and the laws of physics that allow you stop or not rollover do not change.

⇒ The use of blocking apparatus may be your only protection against drivers who elect to travel at double the speed limit. They will approach your scene so fast that they simply cannot react in a controlled manner. Keep all personnel in the shadows of the apparatus or off the roadway and position to close up the gaps on every call.