



HEADQUARTERS MEMORANDUM 25-02

File With: FC 0131
FC 0133
FC 0811

Distribution: All

Date: 07-28-2025

Subject: Excited Delirium References

The Montgomery County Police Department (MCPD) adjusted training and operational practices when the Maryland Institute for Emergency Medical Services Systems (MIEMSS) determined that the term “Excited Delirium” was no longer considered valid or clinically appropriate. The adjustments were designed to enhance the understanding of individuals in distress to ensure appropriate responses and support, fostering a safer community environment and prioritizing appropriate care.

The management of individuals presenting with extreme or profound agitation, an altered mental state, or similar symptoms, should be guided by the latest training and policy guidance on de-escalation and arrest alternatives. Employees should review MCPD Function Code 0921, “Responding to Behavioral Health Emergencies and Persons with Altered Mental Status”, as issued on October 27, 2022.

Several Function Codes (FC 0131, 0133, and 0811) are in the process of being updated to remove any minor reference to the prior term, even though “Excited Delirium” is not cited in regards to directly guiding the handling of individuals or incidents.

Employees should not use the term “Excited Delirium” in the course of their duties or in any MCPD report or documentation. Employees should use clear, precise language that accurately reflects circumstances and behaviors of individuals involved.

All supervisors are directed to review this material with their employees to ensure consistent understanding and application in all MCPD operations.

A handwritten signature in black ink, appearing to read "Marc R. Yamada", written over a horizontal line.

Marc R. Yamada
Chief of Police