



## Clarksburg Park Activity Building

## 55+ Active Adult Programs

The Clarksburg Super Seniors have been meeting for over 40 years. Many of the participants have historical ties to Clarksburg and the surrounding areas and have included multiple generations of families through the years! Every Wednesday, they enjoy friendship and laughter while eating lunch together and participating in a special activity. Activities often include community service projects, educational discussions, games, and crafts. There is always room for new faces!

## February and March 2020 Program Highlights

Life is Great, When You Participate...

**February 5** Fellowship Monthly Meeting - Announcements—Blood Pressure screening -Luncheon and Birthday Celebrations **February 12** Valentines day Celebration—Entertainment and games

February 19 Recognition of Black History Month – Members will share their families stories of accomplishments and gratitude February 26 Anything goes Wednesday !!!

**MARCH 4** Fellowship Monthly Meeting - Announcements— Blood Pressure screening -Luncheon No birthdays for March

March 11 Suggestions for a Mini trip are needed. The County has reinstated two trips for each program up until June.

March 18—Saint Patrick's Day celebration; fun and games

**March 25 Musical entertainment TBD** 



Senior Program Coordinator:

Karen Smith

Senior Program Hours:

Wednesdays 12:00 —3:00 PM

Address: 22501 Wims Road Clarksburg, MD 20871

Phone: 240-777-4925 Hablamos Español