


Fall for Programming with MoCoRec this October

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Register Now for Youth Basketball



Shoots and scores! Registration for Montgomery County Recreation's [Youth Basketball](#) program is underway. These leagues provide a rich environment to foster development of basketball techniques and advance skills in discipline, sportsmanship, teamwork and more. From instructional leagues to future stars clinics, there is something for young basketball players of all levels.

Just last year, our youth basketball leagues had more than 5,500 participants and 800 coaches with games and practices held at more than 100 locations across the County. Players can

register either as a pre-formed team or as free agents who will be assigned to teams as space allows. For more information, visit our [sports page](#) and check out the [2023-2024 brochure](#).

Interested in coaching? We are looking for adult volunteers to coach on Saturdays and/or Sundays for our youth leagues. We prefer volunteers with knowledge of basketball rules who demonstrate good character, patience and have a desire to help children learn. Want to serve as a referee instead? Official training is provided in late November and early December. To learn more, email rec.sports@montgomerycountymd.gov.

And don't miss out on our adult leagues! Montgomery County Recreation will offer both an adult league and a therapeutic recreation league. Have questions? Call 240-777-6870.

Ribbon Cutting Held for New Outdoor Fitness Park at Potomac CRC



On Sunday, Sept. 24, Montgomery County Recreation and The Friends of the Potomac Community Center celebrated the opening of a new outdoor fitness park at [Potomac Community Recreation Center](#) with a special event.

Approximately \$295,000 was raised for the project thanks to a grant from the State of Maryland and fundraising efforts by The Friends of the Potomac Community Center. State Senator Brian Feldman and Delegates Linda Foley, Lily Qi and David Fraser-Hidalgo spoke at the ceremony

and toured the outdoor fitness park, as well as Montgomery County Council Vice President Andrew Friedson and Councilmember Gabe Alborno.

The outdoor fitness park, which is handicap accessible, will provide additional access to fitness opportunities and allow community members of all ages to exercise together throughout the year to enhance physical and mental wellbeing. Outdoor fitness areas can also be found at Montgomery County Recreation's Holiday Park and Margaret Schweinhaut Senior Centers.

Montgomery County Recreation and MCPS Offer Free Days of Fun When School is Not in Session



Montgomery County Recreation, in partnership with Montgomery County Public Schools Out of School Time (OST), will offer out-of-school programming for students throughout the 2023-24 school year.

[Kids Day Out](#), for elementary school students, is a day filled with fun, supervised activities, planned with an emphasis on kid-friendly, healthy recreation. Programs will take place at various locations across the County beginning Monday, Oct. 9. Locations include:

- [Bauer Drive Community Recreation Center](#) (Therapeutic Recreation programming for youth and teens with disabilities ages 6-12 and 13-21)
- [Clara Barton Neighborhood Recreation Center](#)
- [Damascus Community Recreation Center](#)
- [East County Community Recreation Center](#)
- [Gwendolyn E. Coffield Community Recreation Center](#)
- [Long Branch Community Recreation Center](#)
- [Mid-County Community Recreation Center](#)

- [Nancy H. Dacek North Potomac Community Recreation Center](#)
- [Plum Gar Community Recreation Center](#)
- [Potomac Community Recreation Center](#)
- [Marilyn J. Praisner Community Recreation Center](#)
- [Silver Spring Recreation and Aquatic Center](#) *April dates only.
- [Upper County Community Recreation Center](#)
- [White Oak Community Recreation Center](#)

Each day of programming takes place from 8:30 a.m. - 4 p.m. Students should make sure to bring lunch. Programs are free to County residents through a partnership with Montgomery County Public Schools OST.

Registration is available at [ActiveMontgomery.org](https://www.active-montgomery.org). Space is limited. Search activity number R05113 for Kids Day Out. For more information or for help with registration, contact the customer service team at 240-777-6840.

Showcasing Our Services: Fitness with Julien Elie



Since 2018, Julien Elie has brought his lifelong martial arts skills and knowledge to Montgomery County Recreation where he has taught a variety of fitness classes as a contractor. Several of the classes Julien has taught include fall risk prevention, kickboxing, weight room awareness, tai

chi and general self-defense, to name a few. In fact, his gentle spin program is the only spin class offered for seniors in Montgomery County!

Julien has been a practitioner of martial arts for over 30 years and began studying Tae Kwon Do when he just 10 years old. He has also studied Kung Fu, Jeet Kune Do and different types of meditation to help train his students in overall physical and mental fitness.



Julien has taught at [Holiday Park Senior Center](#), [East County Community Recreation Center](#), [Margaret Schweinhaut Senior Center](#) and [Jane E. Lawton Community Recreation Center](#). He has also been a frequent instructor at several of our Excel Beyond the Bell [after-school programs](#). Thank you, Julien, for bringing your passions and expertise to Montgomery County Recreation!

Interested in working with us here at Montgomery County Recreation? Visit the [website](#) to learn more.

**Save the Date! Winter Program Registration Begins
Monday, Nov. 13**



The weather is starting to get cooler, which means it's time to plan ahead for [Montgomery County Recreation's](#) winter registration, which will open at 6:30 a.m. on Monday, Nov. 13, for County residents for most programs and activities. Registration for [Bone Builders](#) will open at 9 a.m.

Non-County residents will be able to register for Recreation's programs beginning at 6:30 a.m. on Wednesday, Nov. 15.

To ease your experience on registration day, make sure to plan ahead! Log in to your account ahead of time to make sure all your information is up to date. Have you heard about the ActiveMONTGOMERY wish list feature? Create a personalized list of programs in your account that can be recalled quickly for reference or to purchase on registration day. [Click here to learn more.](#)

Due to enhanced security considerations our registration website has limited access for customers outside of the United States. Countries with access include Australia, Austria, Belgium, Canada, France, Germany, Italy, Japan, the Netherlands, New Zealand, Portugal, Romania, Spain, Sweden, Turkey, the United Kingdom and the United States. Please reach out to info@activemontgomery.org if you anticipate frequently needing website access abroad.

Winter offerings include fitness, sports, visual and performing arts, therapeutic recreation and more. Programs will be viewable online Friday, Nov. 3. Residents can build their own guide and a digital guide will also be available. While online registration is encouraged, registration will also be available by mail, drop-off or in-person.

For more information about registration, visit the [website](#) or call the customer service team at 240-777-6840.

Silver Spring Recreation and Aquatic Center Update



Our team continue its preparations as we get ready to open the Silver Spring Recreation and Aquatic Center (SSRAC). SSRAC will include many features including a gymnasium, exercise and weight room spaces, dance studios, multipurpose activity rooms and pools for general swimming and aquatic play. Visit the [website](#) to view a presentation of the new facility and complete the programming survey.

Our team has been actively doing outreach in Silver Spring! We're currently hiring for positions at SSRAC including lifeguards, front desk support staff and a nutrition manager. Explore current available positions and apply [here](#). Make sure to ask our staff about all that SSRAC will have to offer when you see them at an event in your area.

Visit the Department of General Services' [website](#) for the latest project updates and architectural and construction images. SSRAC is scheduled to open in 2024.

Upcoming Events with Montgomery County Recreation



We have lots of fun and spooky events coming up this month! Make sure to check out the full [calendar](#) on our website.

- **Saturday, Oct. 7, Family Paint and Sip** 5 – 7 p.m. at Mid-County CRC
- **Friday, Oct. 13, Family Skate Night** 6 - 9 p.m. at Plum Gar CRC
- **Saturday, Oct. 14, Fall Harvest Festival** 11:30 a.m. - 2 p.m. Ross Boddy NRC
- **Saturday, Oct. 14, Bloom at Good Hope: Jess Eliot Myhre** 5 – 6 p.m. at Good Hope NRC
- **Sunday, Oct. 15, Chevy Chase Fall Festival** 12 - 3 p.m. at Jane E. Lawton CRC
- **Friday, Oct. 20, Family Fun Night** 6 - 9 p.m. at Plum Gar CRC
- **Friday, Oct. 20, Floating Pumpkin Patch** 6 – 7:30 p.m. at Germantown Indoor Swim Center
- **Friday, Oct. 20, Spooktacular Movie Night** 7:30 – 9:30 p.m. at Long Branch CRC
- **Saturday, Oct. 21, Fall Festival** 11 a.m. – 2 p.m. at Nancy H. Dacek North Potomac CRC
- **Saturday, Oct. 21, Fall Festival** 2 – 6 p.m. at Good Hope NRC
- **Saturday, Oct. 21, Fall Festival** 4 - 6 p.m. at Gwendolyn E. Coffield CRC
- **Saturday, Oct. 21, Floating Pumpkin Patch** 4:30 – 6 p.m. at Martin Luther King Jr. Indoor Swim Center

- **Thursday, Oct. 26, Candy and Costumes Community Skate** 4 – 6:30 p.m. at White Oak CRC
- **Friday, Oct. 27, Dance Club Halloween Celebration** 1 – 3 p.m. at Holiday Park Senior Center
- **Friday, Oct. 27, Costume Movie Night** 7 – 9:30 p.m. at Upper County CRC
- **Friday, Oct. 27, Floating Pumpkin Patch** 7:30 – 9 p.m. at Olney Indoor Swim Center
- **Friday, Oct. 27, Haunted House** 7:30 – 9:30 p.m. at Long Branch CRC
- **Saturday, Oct. 28, Floating Pumpkin Patch** 10 – 11:30 a.m. at Kennedy Shriver Aquatic Center
- **Saturday, Oct. 28, Therapeutic Recreation Family Spooktacular** 1 – 3 p.m. at Holiday Park Senior Center
- **Saturday, Oct. 28, Fall Festival** 5 – 8 p.m. at Potomac CRC
- **Sunday, Oct. 29, Adaptive Floating Pumpkin Patch** 10 – 11:30 a.m. at Kennedy Shriver Aquatic Center
- **Sunday, Oct. 29, Glow in the Dark Pickleball** 3 – 8:30 p.m. at Bauer Drive CRC
- **Sunday, Oct. 29, Haunted House** 3 - 4 p.m. at Clara Barton NRC
- **Monday, Oct. 30, Wheaton Skele-bration** 10:30 a.m. – 11:30 a.m. at Wheaton CRC
- **Monday, Oct. 30, Glow in the Dark Pickleball** 6:30 – 9:30 p.m. at Bauer Drive CRC