



MONTGOMERY COUNTY
Recreation

Kennedy Shriver Aquatic Center

5900 Executive Boulevard, N. Bethesda, MD 20852 • (240) 777-8070 • www.mocorec.com

Montgomery County Recreation - Aquatics Section

2021 Pool Use Schedule ◦

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>6:00 - 7:45 a.m. Early Bird Lap Swim - 8 Lanes, RMSC Reservation Encouraged - All times in 45 minute sessions beginning on the hour.</p>					<p>Programs</p>	
<p>8:00 a.m. - 12:45 p.m. Morning Lap Swim - 10 Lanes, Water Fitness Classes, Open Rec Area*, DWR* Reservation Encouraged - All times in 45 minute sessions beginning on the hour.</p>						
<p>1:00 - 4:00 p.m. Afternoon Lap Swim - 12 Lanes, Open Rec Area, DWR Reservation Encouraged - All times in 45 minute sessions beginning on the hour.</p>					<p>8:00 - 10:00 a.m. 2 lap lanes 45 minute limit, Reservations Encouraged.</p>	
<p>Leisure Pool and Diving Boards Closed between 8:00 a.m. - 4:00 p.m.</p>					<p>Programs</p>	
<p>4:00 - 9:00 p.m. RMSC Practice 2 lap lanes available - 45 minute limit, Reservation Encouraged</p>						
<p>9:00 - 10:00 p.m. Late Night Lap Swim - 16 Lanes Reservation Encouraged - All times in 45 minute sessions beginning on the hour.</p>					<p>12:15 - 2:15 p.m. Family Swim 4 Deep Lap Lanes, 2 Shallow Lap Lanes, Deep Water Running, Diving Boards/Slides/Leisure Pool Open</p>	
					<p>2:45 p.m. - 4:45 p.m. Family Swim 4 Deep Lap Lanes, 2 Shallow Lap Lanes, Deep Water Running, Diving Boards/Slides/Leisure Pool Open</p>	
					<p>Programs</p>	

Open Rec Area may not be used for lap swimming.

Schedule is subject to change to accommodate new regulations and programming.

Saunas, Spas and Fitness Rooms will remain closed.

*Availability depends on water fitness class use.