

Olney Indoor Swim Center
16605 Georgia Avenue, Olney, MD 20832 (240) 777- 4995 • www.mocorec.com
Montgomery County Recreation - Aquatics Section

Monday	Tuesday			2023		
	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 - 8:30 A.M. (DOORS OPEN AT 6:00 A.M.) EARLY BIRD LAP SWIM VARIED LANES AVAILABLE 8:30 A.M 12:00 P.M.					8:00 A.M 2:00 P.M. • MCR SWIM LESSONS • MASTERS • DIVE TEAM • SWIM TEAM/HS MEETS	9 A.M 12:00 P.M. SWIM LESSONS 2 LANES 12:00 - 2:00 PM
MID-MORNING SWIM					•WATER EXERCISE	REC SWIM
VARIED LANES AVAILABLE					BUILDING OPENS AT 9 A.M. DIVING BOARDS	ALL POOLS OPEN DIVING BOARDS OPEN
12:00 - 2:00 P.M.	P.M. 12:00 - 2:00 P.M. 12:00 - 2:00 P.M.				(Not available Nov-Feb)	VARIED LANES AVAILABLE
NOON REC SWIM	MID AFTERNOON LAP SWIM NOON REC SWIM				2:00 - 4:00 P.M.	
ALL POOLS OPEN - DIVING 3OARDS OPEN - VARIED LANES		VARIED LANES AVAILABLE		ALL POOLS OPEN - DIVING BOARDS OPEN - VARIED LANES	REC SWIM	2:00 - 3:00 P.M. MAINTENANCE STAFF TRAINING
	AF ⁻	ALL POOLS OPEN DIVING BOARDS OPEN	3:00 - 5:00 P.M.			
V	ARIED LANES AVAILABLE	VARIED LANES AVAILABLE	REC SWIM			
	*** 3:00 - 4:00 P.M. HIG	H SCHOOL PRACTICE (N 3:30 - 5:00 P.M.	NOV. 15 - MID FEB) ***			
		4:00 - 5:00 P.M. MAINTENANCE STAFF TRAINING	ALL POOLS OPEN DIVING BOARDS OPE			
		5:00 - 7:00 P.M.	VARIED LANES AVAILABLE			
	WELL AREA CLC	EVENING LAP	AVAILABLE			
	4:00 - 7:1 SWIM	SWIM				
1 <u>W</u> I	ELL LANE available MON -	LAP SWIMMING	5:00 - 8:00 P.M.			
No Lanes available Fridays until 7:15					7.00 0.00 D.M	Swim Clinic
7:15 - 9:00 P.M. VARIED LANES AVAILABLE	7:15 - 8:30 P.M.* REC SWIM	7:15 - 9:00 P.M. VARIED LANES AVAILABLE	7:15 - 8:30 P.M.* REC SWIM	7:30 - 9:00 P.M. MODIFIED REC SWIM (SWIM TEAM UNTIL 7:30)	7:30 - 9:30 P.M. SPECIAL USES & RENTALS	
7:15 - 10:00 P.M. • WATER EXERCISE • SAFETY TRAINING	VARIED LANES AVAILABLE 8:30 - 10:00 P.M.	7:15 - 10:00 P.M. • WATER EXERCISE • SAFETY TRAINING	8:30 - 10:00 P.M.	VARIED LANES AVAILABLE		
• LESSONS • SWIMONTGOMERY • SCUBA	WATER EXERCISE MASTERS SWIM	• LESSONS • SWIMONTGOMERY	WATER EXERCISE MASTERS SWIM			

**** THIS SCHEDULE SUBJECT TO CHANGE ****

This pool use schedule may be changed to accommodate special events or holiday activities. Check posted notices in the center lobby.



Olney Indoor Swim Center

16605 Georgia Avenue, Olney, MD 20832 (240) 777- 4995 Montgomery County Recreation - Aquatics Section Pool Use Schedule - January 22, 2023 - June 16, 2023

Diving	Boards
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MON & FRIDAY: 12:00 p.m. - 2:00 p.m.

TUESDAY & THURSDAY: 7:15 p.m. - 8:00 p.m. FRIDAY: 7:30 p.m. - 9:00 p.m. SATURDAY: 2:00 p.m. - 4:00 p.m.

SUNDAY:

3:00 p.m. - 5:00 p.m.

Weight & Exercise/Saunas

ADULTS ONLY: 14-17 IF ACCOMPANIED BY AN ADULT. Youths (14-17) must have a permission slip on file. Youths need to keep their copy with them while using the weight room.

MOND, WED, FRI 6:00 a.m. - 9:00 p.m. TUES. THURS: 6:00 a.m. - 8:30 p.m. SATURDAY: 9:00 a.m. - 7:00 p.m. SUNDAY: 9:00 a.m. - 5:00 p.m.

Hydrotherapy Pools

ADULTS ONLY: 14-17 IF ACCOMPANIED BY AN ADULT. (1 ADULT PER MINOR) Due to frequent cleaning and maintenance that these pools require, only one may be available for use during the following hours:

MON, WED, FRI 6:00 a.m. - 9:00 p.m. TUES. THURS: 6:00 am - 8:30 p.m. **SATURDAY: **9:00 a.m. - 4:00 p.m.

5:00 p.m. - 7:00 p.m. 9:00 a.m. - 2:00 p.m.

SUNDAY: 3:00 p.m. - 5:00 p.m.

**NOT OPEN SATURDAYS 9AM - 2PM DECEMBER -

FEBRUARY**

Leisure Pool MON & FRI:

12:00 p.m - 2:00 p.m. MON - FRI: 3:30 p.m. - 5:00 p.m. TUES, THURS: 7:15 p.m. - 8:30 p.m. FRIDAY: 7:30 p.m. - 9:00 p.m. SATURDAY: 2:00 p.m. - 4:00 p.m.

SUNDAY: 12:00 p.m. - 2:00 p.m.

3:00 p.m. - 5:00 p.m.

Lap Swimming

Please review the lane use schedule for specific times and space allocation.

Deep Water Running (DWR)

Please review the lane use schedule for specific times and space Adults (18 - 54 years old) allocation.

Shallow Water Walking (SWW)

Shallow water walking in permitted in the open recreation space of the main pool during recreational swim. Please review the lane use schedule.

Universal Use Lane (UUL)

This lane may be used for a combination of exercise. Patrons may alternate walking, lap swimming or any other safe practice water exercise. Patrons must use caution when using this lane.

The universal use lane may be located in the shallow or deep end of the pool.

Please review the lane use schedule for specific times and space allocation.

Groups of 6 or more must call in advance for scheduling during Recreational Swim.

Recreational Swim

General swimming for all ages with the following facilities open: lanes, diving boards, leisure pool, weight/exercise room, hydrotherapy spa and saunas.

ADMISSION FEES FOR NON-PASS **HOLDERS**

(FOR EACH ENTRY)

County Non-County Resident Resident Children (1 - 17 years old) \$5.00 \$15.00 \$7.00 \$15.00 Seniors (55 years and older) \$6.00 \$15.00

PLEASE NOTE

The management reserves the right to alter the pool schedule when it is deemed necessary.

Proper Bathing suits required. NO CUTOFFS OR GYM SHORTS. Shorts, t-shirts, and undergarments do not qualify as bathing suit attire. All patrons within the pool area must be attired in swimming apparel.

Children under 10 years of age must be accompanied and cared for by a paying adult attired in a swim suit on the pool deck.

Anyone paying daily admission must present a valid ID. Non-County residents must pay the non-county fee.

The use of cameras, video camera or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing areas.

Children under the age of 10 entering the pool complex must be accompanied and cared for (at pool side) by a responsible person 14 years of age or older. Children under 6 years old must be accompanied by a responsible person, 14 years of age or older, in the water within arms reach.

Persons who are not completely toilet trained must wear rubber pants over their swim diapers.

Lockers are available --- BRING A LOCK TO SECURE YOUR BELONGINGS!

Visit us online at: www.mocorec.com

Program registration: www.activemontgomery.org

Facility will be closed November 12 - 13, 2022 and March 4 - 5. 2023 for swim meets.