



Silver Spring Recreation and Aquatic Center Schedule

1319 Apple Ave Silver Spring MD 20910 (240) 777-6900 • www.mocorec.com
 Montgomery County Recreation - Aquatics Section
 Pool Use Schedule - January 2, 2025 - June 22, 2025

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--|---|---|---|--|---|
| <p>6:30 a.m. - 9 a.m. (Facility Doors Open at 6:00 a.m. Pool Opens at 6:30) EARLY BIRD LAP SWIM (Ages 12+) Lap Lanes, Deep Water Running, Masters (Tuesdays and Thursdays 6:30AM -8AM)</p> | | | | | <p>9 a.m. - 1 p.m. MID-MORNING SWIM • Swim Team • (Ages 12+) Lap Swim Only (Limited lanes available) • Deep Water Running • Therapeutic Lessons • Water Fitness Classes • Swim Lessons • Safety Training</p> | |
| <p>9 a.m. - 12 p.m. MID-MORNING SWIM(Ages 12+) Lap Lanes, Deep Water Running, Water Fitness Classes Please refer to Water exercise schedule for Rec pool lane space availability</p> | | | | | | |
| <p>10:00 a.m. - 2:00 p.m. SPLASH TIME Leisure Pool Open (Diving BoardsClosed)</p> | <p>12:00 p.m - 2:00 p.m. AFTERNOON SWIM Lap Swim Only (Ages 12+) Lap Lanes, Deep Water Running, Water Fitness Classes</p> | <p>10:00 a.m. - 2:00 p.m. SPLASH TIME Leisure Pool Open (Diving BoardsClosed)</p> | <p>12:00 p.m - 2:00 p.m. AFTERNOON SWIM Lap Swim Only (Ages 12+) Lap Lanes, Deep Water Running, Water Fitness Classes</p> | <p>12:00 p.m - 2:00 p.m. AFTERNOON SWIM Lap Swim Only (Ages 12+) Lap Lanes, Deep Water Running, Water Fitness Classes</p> | <p>1 p.m.- 4 p.m. REC SWIM ALL POOLS OPEN DIVING BOARDS OPEN Lap Lanes, Deep Water Running</p> | |
| <p>Please refer to Water exercise schedule for Rec pool lane space availability</p> | | | | | | |
| <p>2 p.m. - 4 p.m. AFTERNOON SWIM Lap Lanes, Deep Water Running, Water Fitness Classes Please refer to Water exercise schedule for Rec pool lane space availability</p> | | | | | <p>1 p.m.- 4 p.m. REC SWIM ALL POOLS OPEN DIVING BOARDS OPEN (Untill 3:40) Lap Lanes, Deep Water Running</p> | |
| <p>3:30 P.M. - 7:45 P.M. •SWIM & Dive Team • Swim Lessons • Safety Training (Beginning 11/15-2/22 4 lanes available in the Comp/ deep pool (3:30 Pm - 4:00 Pm) Varied lanes available (1 Deep LANE & Rec/ shallow will vary based on time)</p> | | | | | | |
| <p>6:15 p.m. - 8:30 p.m. EVENING SWIM (Ages 12+) Lap Swim Only, • Water Fitness Classes • Swim Lessons • Safety Training</p> | | <p>3:30 p.m. - 6 p.m. SPLASH TIME Only Leisure Pool Open (Diving Boards Closed)</p> | <p>4 p.m. -7 p.m. SPLASH TIME Only Leisure Pool Open (Diving Boards Closed)</p> | <p>7:45 p.m. - 8:30 p.m. EVENING SWIM (Ages 12+) Lap Swim Only, • Water Fitness Classes • Swim Lessons • Safety Training</p> | | <p>6 p.m. - 8 p.m. SPLASH TIME Only Leisure Pool Open (Diving Boards Closed)</p> |
| | | <p>7:45 p.m. - 8:30 p.m. EVENING SWIM (Ages 12+) Lap Swim Only, • Water Fitness Classes • Swim Lessons • Safety Training</p> | <p>7:45 p.m. - 8:30 p.m. EVENING SWIM (Ages 12+) Lap Swim Only, • Water Fitness Classes • Swim Lessons • Safety Training</p> | | | <p>7:15 p.m. - 8:30 p.m. EVENING SWIM (Ages 12+)</p> |
| <p>Pool Closes at 5:00 PM</p> | | | | | | |
| <p>Pool Closes at 8:30PM</p> | | | | | | |
| <p>**Lap lanes will vary based on programs**</p> | | | | | | |
| <p>*** Locker Rooms will be closed 30 minutes after the last whistle *** ***** THIS SCHEDULE SUBJECT TO CHANGE *****</p> | | | | | | |
| <p>This pool use schedule may be changed to accommodate special events or holiday activities. Check posted notices in the center lobby. FACILITY CLOSED ON: Thanksgiving Day, Christmas Day, New Year's Day, and Easter Sunday, June 19th, Memorial Day, Independence Day, and Labor Day</p> | | | | | | |



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Public Use Times

| <p align="center">Diving Boards</p> <p>SATURDAY: 1:00 P.M. - 4:00 P.M.</p> <p>SUNDAY: 1:00 P.M. - 3:40 P.M.</p> | | <p align="center">Splash Time Following Sections Open: Rec Pool, leisure pool, Spas (Diving boards Closed)</p> | | <p align="center">General /Daily admissions Anyone paying daily admission must present a valid ID. Non-County residents must pay the non-county fee.</p> <p align="center">(All Patrons entering pool deck must pay admission)</p> <p align="center">All patrons within the pool area must be dressed in proper swim attire (No Street Clothes)</p> | | | | | | | | | | | | | | | |
|---|-----------------|---|--|---|--|--|----------------|--|-----------------|---------------------|-----------------------------|--------|---------|----------------------------|--------|---------|------------------------------|--------|---------|
| <p align="center">Leisure Pool</p> <p>Monday & Wednesday 10:00 AM- 2:00 PM</p> <p>Tuesday 3:30 P.M. - 6:00 P.M.</p> <p>Wednesday 4:00 P.M. - 7:00 P.M.</p> <p>Friday 6:00 P.M. - 8:00 P.M.</p> <p>SATURDAY: 1:00 P.M. - 4:00 P.M.</p> <p>SUNDAY: 1:00 P.M. - 4:00 P.M.</p> | | <p align="center">Deep Water Running (DWR)</p> <p>Monday -Friday 6:30 AM- 8:30 PM</p> <p>SATURDAY: 9:15 A.M. - 5:00 P.M.</p> <p>SUNDAY: 9:15 A.M. - 5:00 P.M.</p> | | <p align="center">ADMISSION FEES FOR NON-PASS HOLDERS</p> <table border="1"> <thead> <tr> <th rowspan="2"></th> <th colspan="2">FOR EACH ENTRY</th> </tr> <tr> <th>County Resident</th> <th>Non-County Resident</th> </tr> </thead> <tbody> <tr> <td>Children (1 - 17 years old)</td> <td>\$5.00</td> <td>\$20.00</td> </tr> <tr> <td>Adults (18 - 54 years old)</td> <td>\$7.00</td> <td>\$20.00</td> </tr> <tr> <td>Seniors (55 years and older)</td> <td>\$6.00</td> <td>\$20.00</td> </tr> </tbody> </table> | | | FOR EACH ENTRY | | County Resident | Non-County Resident | Children (1 - 17 years old) | \$5.00 | \$20.00 | Adults (18 - 54 years old) | \$7.00 | \$20.00 | Seniors (55 years and older) | \$6.00 | \$20.00 |
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| Seniors (55 years and older) | \$6.00 | \$20.00 | | | | | | | | | | | | | | | | | |
| <p align="center">Hydrotherapy Pools ADULTS ONLY: Ages 14-17 IF ACCOMPANIED BY AN ADULT. (1 ADULT PER MINOR) Due to frequent cleaning and maintenance that these pools require, only one may be available for use during these hours:</p> <p>MONDAY-FRIDAY 6:30 a.m. - 8:30P.M.</p> <p>**SATURDAY: 9:00 a.m. - 5:00 P.M.</p> <p>SUNDAY: 9:00 a.m. - 5:00 P.M.</p> | | <p align="center">Very Limited lanes during this time do to programs</p> | | <p>Children under the age of 12 entering the pool complex must be accompanied and cared for (at pool side) by a responsible person 16 years of age or older. Children under 6 years old must be within arms reach at all times</p> | | | | | | | | | | | | | | | |
| <p align="center">Recreational Swim General swimming for all ages with the following facilities open: lanes, diving boards, leisure pool and hydrotherapy spas</p> | | <p align="center">Children under 12 years of age must be accompanied and cared for by a paying adult attired in a swim suit on the pool deck.</p> | | <p>Proper Bathing suits required. NO CUTOFFS OR GYM SHORTS. Shorts, t-shirts, and undergarments do not qualify as bathing suit attire. All patrons within the pool area must be attired in swimming apparel.</p> | | | | | | | | | | | | | | | |
| <p align="center">Lap Swimming (Ages 12+) Lap Swimming only (Not a Play time), Patrons must be swimming wall to wall during this time.</p> | | <p align="center">Groups of 6 or more must call in advance for scheduling during Recreational Swim.</p> | | <p>The use of cameras, video camera or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing areas.</p> | | | | | | | | | | | | | | | |
| | | | | <p>Persons who are not completely toilet trained must wear rubber pants over their swim diapers.</p> | | | | | | | | | | | | | | | |
| | | | | <p>Lockers are available --- BRING A LOCK TO SECURE YOUR BELONGINGS!</p> | | | | | | | | | | | | | | | |
| | | | | <p align="center">Program registration: www.activemontgomery.org</p> | | | | | | | | | | | | | | | |
| | | | | <p>The management reserves the right to alter the pool schedule when it is deemed necessary.</p> | | | | | | | | | | | | | | | |