



Silver Spring Recreation and Aquatic Center
 1319 Apple Ave Silver Spring 20910 • (240) 777-6900 • www.montgomerycountymd.gov/rec
2025 Lane Schedule • September 15, 2025 - November 11, 2025

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:00				
7:00	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	Open at 9AM		7:00				
8:00		8 Deep 3 Shallow		8 Deep 3 Shallow				8:00				
9:00		8 Deep 0 Shallow		8 Deep 0 Shallow	8 Deep 0 Shallow			5 Deep 1 Shallow	4 Deep 0 Shallow	4 Deep 0 Shallow	9:00	
10:00	8 Deep 1 Shallow	5 Deep 0 Shallow	5 Deep 0 Shallow		8 Deep 0 Shallow	1 Deep 0 Shallow	5 Deep 0 Shallow	10:00				
11:00	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow					5 Deep 0 Shallow	4 Deep 0 Shallow	8 Deep 3 Shallow	11:00	
12:00		5 Deep 0 Shallow	8 Deep 0 Shallow	5 Deep 0 Shallow	5 Deep 0 Shallow	5 Deep 1 Shallow	5 Deep 1 Shallow	12:00				
1:00		8 Deep 3 Shallow		5 Deep 3 Shallow	8 Deep 3 Shallow			8 Deep 3 Shallow	4 Deep 3 Shallow	4:00		
2:00	1 Deep 0 Shallow			1 Deep 0 Shallow	1 Deep 0 Shallow			1 Deep 0 Shallow	1 Deep 3 Shallow	Closed at 5PM	2:00	
3:00			2 Deep 0 Shallow			1 Deep 1 Shallow	5 Deep 0 Shallow				1 Deep 3 Shallow	5 Deep 3 Shallow
4:00		5 Deep 0 Shallow										
5:00	5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 3 Shallow	5:00		
6:00			5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 3 Shallow	6:00
7:00		5 Deep 0 Shallow										8 Deep 3 Shallow
8:00	5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 3 Shallow			
8:30			5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 0 Shallow			8 Deep 3 Shallow	5 Deep 3 Shallow	
Pool Closed at 8:30PM												9:00

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

Very limited lanes available at these times