



Silver Spring Recreation and Aquatic Center
1319 Apple Ave Silver Spring 20910 • (240) 777-6900 • www.montgomerycountymd.gov/rec

2025 Lane Schedule • June 14, 2025 - July 30, 2025

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:00	
7:00	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	Open at 9 AM		7:00	
8:00								8:00	
9:00									9:00
10:00		8 Deep 0 Shallow		8 Deep 0 Shallow	5 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	10:00	
11:00	5 Deep 3 Shallow	5 Deep 0 Shallow	8 Deep 0 Shallow	5 Deep 0 Shallow	8 Deep 0 Shallow	5 Deep 0 Shallow		11:00	
12:00	8 Deep 0 Shallow	8 Deep 0 Shallow		8 Deep 0 Shallow		7 Deep 0 Shallow		5 Deep 0 Shallow	12:00
1:00	8 Deep 3 Shallow			8 Deep 3 Shallow		8 Deep 3 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	1:00
2:00	8 Deep 0 Shallow		8 Deep 3 Shallow	8 Deep 0 Shallow	8 Deep 3 Shallow		5 Deep 1 Shallow	5 Deep 1 Shallow	2:00
3:00		8 Deep 3 Shallow					8 Deep 3 Shallow		
4:00	8 Deep 3 Shallow						8 Deep 3 Shallow	8 Deep 3 Shallow	4:00
5:00	6 Deep 0 Shallow	6 Deep 0 Shallow	6 Deep 0 Shallow	6 Deep 0 Shallow	6 Deep 3 Shallow	Closed at 5PM		5:00	
6:00		6 Deep 0 Shallow		6 Deep 0 Shallow				6 Deep 3 Shallow	6:00
7:00		5 Deep 3 Shallow		5 Deep 3 Shallow				7:00	
8:00		8 Deep 3 Shallow		8 Deep 3 Shallow				8:00	
8:30		Pool Closed at 8:30PM							

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

Very limited lanes available at these times