



Silver Spring Recreation and Aquatic Center
 1319 Apple Ave Silver Spring 20910 ◦ (240) 777-6900 ◦ www.montgomerycountymd.gov/rec

2026 Lane Schedule ◦ February 28, 2026 - June 20, 2026

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:00
7:00	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	Open at 9AM		7:00
8:00		8 Deep 3 Shallow		8 Deep 3 Shallow				8:00
9:00		8 Deep 0 Shallow		8 Deep 0 Shallow				9:00
10:00	8 Deep 1 Shallow	5 Deep 0 Shallow	8 Deep 0 Shallow	5 Deep 0 Shallow	8 Deep 0 Shallow	4 Deep 0 Shallow	4 Deep 0 Shallow	10:00
11:00		8 Deep 0 Shallow		8 Deep 0 Shallow		1 Deep 0 Shallow		5 Deep 0 Shallow
12:00	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	5 Deep 0 Shallow	4 Deep 0 Shallow	8 Deep 3 Shallow	12:00
1:00		5 Deep 0 Shallow		5 Deep 0 Shallow		5 Deep 0 Shallow		1:00
2:00	8 Deep 3 Shallow	5 Deep 3 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	5 Deep 3 Shallow	5 Deep 1 Shallow	5 Deep 1 Shallow	2:00
3:00								3:00
4:00	1 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	4:00
5:00								5:00
6:00	2 Deep 0 Shallow	1 Deep 0 Shallow	5 Deep 0 Shallow	1 Deep 3 Shallow	5 Deep 3 Shallow	Closed at 5PM		6:00
7:00								7:00
8:00	5 Deep 0 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	5 Deep 3 Shallow	8:00			
8:30	Pool Closed at 8:30PM					8:30		

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

Very limited lanes available at these times