



Silver Spring Recreation and Aquatic Center
 1319 Apple Ave Silver Spring 20910 • (240) 777-6900 • www.montgomerycountymd.gov/rec

2024-2024 Lane Schedule • January 2 2025 - June 20, 2025

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:00
7:00	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	Open at 9 AM (Deep lanes open at 9:15)		7:00
8:00								8:00
9:00	9:00							
10:00	5 Deep 3 Shallow	5 Deep 1 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	5 Deep 1 Shallow	@ 9:15 4 Deep 0 Shallow	@ 9:15 4 Deep 0 Shallow	10:00
11:00						11:00		
12:00	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 0 Shallow	1 Deep 0 Shallow	1 Deep 0 Shallow	12:00
1:00	8 Deep 3 Shallow	8 Deep 0 Shallow				8 Deep 0 Shallow	4 Deep 0 Shallow	8 Deep 3 Shallow
2:00	8 Deep 0 Shallow	8 Deep 0 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	5 Deep 1 Shallow	5 Deep 1 Shallow	2:00
3:00	8 Deep 3 Shallow							8 Deep 3 Shallow
4:00	High School Swim/ dive team 3 Deep 3 Shallow (until 2/22/25)					8 Deep 3 Shallow	4 Deep 3 Shallow	4:00
5:00	1 Deep 3 Shallow	1 Deep 0 Shallow	1 Deep 3 Shallow	1 Deep 0 Shallow	1 Deep 3 Shallow			Closed at 5PM
6:00	2 Deep 0 Shallow	1 Deep 1 Shallow	1 Deep 0 Shallow	1 Deep 3 Shallow	5 Deep 3 Shallow	6:00		
7:00						7:00		
8:00	5 Deep 0 Shallow	8 Deep 3 Shallow	8 Deep 0 Shallow	8 Deep 3 Shallow	5 Deep 3 Shallow	8:00		
8:30	Pool Closed at 8:30PM							9:00

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

Very limited lanes available at these times