

Silver Spring Recreation and Aquatic Center Schedule

1319 Apple Ave Silver Spring MD 20910 (240) 777-6900 • www.mocorec.com

Montgomery County Recreation - Aquatics Section

Pool Use Schedule - June 16, 2025 - July 31, 2025

Wednesday Monday Tuesday Thursday Friday Saturday Sunday 6:30 a.m. - 9 a.m. (Facility Doors Open at 6:00 a.m. Pool Opens at 6:30) EARLY BIRD LAP SWIM (Ages 12+) 9 a.m. - 1 p.m. MID-MORNING SWIM Lap Lanes, Deep Water Running, Masters (Tuesdays and Thursdays 6:30AM -8AM) Swim Team 9 a.m. - 12 p.m. (Ages 12+) Lap Swim Only MID-MORNING Lap SWIM (Ages 12+ only) (Limited lanes available) Swim Lessons, Lap Lanes, Deep Water Running, Water Fitness Classes Deep Water Running Please refer to Lane schedule for Rec pool lane space availability Theraputic Lessons Water Fitness Classes 12:00 p.m - 3:00 p.m. 12:30 P.M. - 3:00 P.M. Swim Lessons AFTERNOON SWIM Safety Training Lap Swim Only **REC SWIM** (Ages 12+) **ALL POOLS OPEN** Lap Lanes, Deep Water **DIVING BOARDS OPEN** Running, Water Fitness Lap Lanes, Deep Water Running 1 p.m.- 3 p.m. 1 p.m.- 3 p.m. Classes Please refer to Water exercise schedule for Rec pool lane space availability 3:00 P.M. - 6:00 P.M. REC SWIM REC SWIM **AFTERNOON SWIM** Lap Swim Only (Ages 12+) **ALL POOLS OPEN ALL POOLS OPEN** •Lap Lanes, Deep Water Running • Swim Lessons • Safety Training •Water exercise programs **DIVING BOARDS DIVING BOARDS OPEN** OPEN (Untill 3:40) 4 p.m. - 6 p.m. Lap Lanes, Deep Lap Lanes, Deep 5 p.m. - 7 p.m. 5 p.m. - 7 p.m. **SPLASH TIME** Water Running Water Running **Only Leisure Pool Open** SPLASH TIME (Diving Boards Closed) 3:00 p.m - 5:00 p.m. 3:00 p.m. - 5:00 p.m. **SPLASH TIME Only Leisure Pool Open Only Leisure Pool Open** (Ages 12+) (Ages 12+) (Diving Boards Closed) (Diving Boards Closed) Lap Swim Only Lap Swim Only 6:00 p.m. - 8:30 p.m. **EVENING Lap Swim Only (Ages 12+)** Water Fitness Classes Pool Closes at 5:00 PM Swim Lessons Safety Training Pool Closes at 8:30PM **Lap lanes will vary based on programs**

This pool use schedule may be changed to accommodate special events or holiday activities. Check posted notices in the center lobby.

FACILITY CLOSED ON: Thanksgiving Day, Christmas Day, New Year's Day, and Easter Sunday, June 19th, July 4th, Memorial Day, Independence Day, and Labor Day

*** Locker Rooms will be closed 30 minutes after the last whistle

**** THIS SCHEDULE SUBJECT TO CHANGE ****



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Public Use Times

Diving Boards Monday - Thursday 12:30 P.M 3:00 P.M.		Splash Time Following Sections Open: Rec Pool, leisure pool, Spas		General /Daily admissions Anyone paying daily admission must present a valid ID. Non-County residents must pay the non-county fee.		
SATURDAY:	1:00 P.M 3:00 P.M.	(Diving boards Closed) Deep Water Running (DWR)		(All Patrons entering pool deck must pay admission)		
SUNDAY:	1:00 P.M 3:00 P.M.	Monday -Friday	6:30 AM- 8:30 PM	All patrons within the pool area must be dressed in prope swim attire		
Monday - Thursday	•		9:00 A.M 5:00 P.M. 9:00 A.M 5:00 P.M.	(No Street Clothes) ADMISSION FEES FOR NON-PASS HOLDERS		
Tuesday & Thursday Friday	5:00 P.M 7:00 P.M. 4:00 P.M 6:00 P.M.	Pools/ Lanes/ Features times may adjust do to Classes or			ACH ENTRY County Resident	Non-County Resident
SATURDAY: SUNDAY:	1:00 P.M 3:00 P.M. 1:00 P.M 3:00 P.M.	1 ,	Гrainings	Children (1 - 17 years old) Adults (18 - 54 years old) Seniors (55 years and older)	\$5.00 \$7.00 \$6.00	\$20.00 \$20.00 \$20.00
Hydrotherapy Pools ADULTS ONLY: Ages 14-17 IF ACCOMPANIED BY AN ADULT. (1 ADULT PER MINOR) Due to frequent cleaning and maintenance that these pools require, only one may be available for use during these hours:		Very Limited la	nes during this time do to programs	Children under the age of 12 entering the pool complex must be accompanied and cared for (at pool side) by a responsible person 16 years of age or older. Children under 6 years old must be within arms reach at all times		
MONDAY-FRIDAY **SATURDAY:	6:30 a.m 8:30P.M. 9:00 a.m 5:00 P.M.	Children under 12 years of age must be accompanied and cared for by a paying adult attired in a swim suit on the pool deck.		Proper Bathing suits required. NO CUTOFFS OR GYM SHORTS. Shorts, t-shirts, and undergarments do not qualify as bathing suit attire. All patrons within the pool area must be attired in swimming apparel. The use of cameras, video camera or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing areas.		
SUNDAY:	9:00 a.m 5:00 P.M.					
Recreational Swim General swimming for all ages with the following facilities open: lanes, diving boards, leisure pool and hydrotherapy spas		-	must call in advance for scheduling g Recreational Swim.	Persons who are not completely toilet trained must wear rubber pants over their swim diapers. Lockers are available BRING A LOCK TO SECURE YOUR BELONGINGS!		
Lap Swimming (Ages 12+)				Program registration: www.activemontgomery.org		
Lap Swimm	ning only (Not a Play time), mming wall to wall during this time.			The management reserves the right to alter the pool schedule when it is deemed necessary.		