



# Silver Spring Recreation and Aquatic Center Schedule

1319 Apple Ave Silver Spring MD 20910 (240) 777-6900 • www.mocorec.com  
 Montgomery County Recreation - Aquatics Section  
 Pool Use Schedule - Februar 28, 2026 - June 20, 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
<p><b>6:30 a.m. - 9 a.m.</b>            (Facility Doors Open at 6:00 a.m. Pool Opens at 6:30)  <b>EARLY BIRD LAP SWIM (Ages 12+)</b>            Lap Lanes, Deep Water Running, Masters (Tuesdays and Thursdays 6:30AM -8AM)</p>					<p><b>9 a.m. - 1 p.m.</b>  <b>Mid-Morning Swim</b>            • Swim Team            • (Ages 12+) Lap Swim Only            • (Limited Lanes Available)            • DeepWater Running            • Therapeutic Lessons            • Water Fitness Classes            • Swim Lessons            • Safety Training</p>		
<p><b>9 a.m. - 12 p.m.</b>  <b>MID-MORNING SWIM(Ages 12+)</b>            Lap Lanes, Deep Water Running, Water Fitness Classes            Please refer to Water exercise schedule for Rec pool lane space availability</p>							
<p><b>12 p.m - 4 p.m.</b>  <b>AFTERNOON SWIM Lap Swim Only (Ages 12+)</b>            Lap Lanes, Deep Water Running, Water Fitness Classes            Please refer to Water exercise schedule for Rec pool lane space availability</p>							
				<p><b>4 p.m. - 6 p.m.</b>  <b>SPLASH TIME</b>            Only Leisure Pool Open            (Diving Boards Closed)</p>	<p><b>1 p.m.- 3:30 p.m.</b>  <b>REC SWIM</b>  <b>ALL POOLS OPEN</b>  <b>DIVING BOARDS OPEN</b>            Lap Lanes, Deep Water Running</p>	<p><b>1 p.m.- 3:30 p.m.</b>  <b>REC SWIM</b>  <b>ALL POOLS OPEN</b>  <b>DIVING BOARDS OPEN</b>            (Untill 3:40)            Lap Lanes, Deep Water Running</p>	
<p><b>4 P.M. - 6:30 P.M.</b></p>	<p><b>4 P.M. - 7:45 P.M.</b>            •SWIM &amp; Dive Team • Swim Lessons • Safety Training  <b>Varied lanes available</b>  <b>(1 Deep LANE &amp; Rec/ shallow lanes will vary based on time)</b></p>					<p><b>3:30 p.m. - 5 p.m.</b>            (Ages 12+)            Lap Swim Only</p>	<p><b>3:30 p.m. - 5 p.m.</b>            (Ages 12+)            Lap Swim Only</p>
<p><b>6:15 p.m. - 8:30 p.m.</b>  <b>EVENING SWIM</b>            (Ages 12+)  <b>Lap Swim Only,</b>            • Water Fitness Classes            • Swim Lessons            • Safety Training</p>	<p><b>7:45 p.m. - 8:30 p.m.</b>  <b>EVENING SWIM</b>            (Ages 12+)            Lap Swim Only,            • Water Fitness Classes            • Swim Lessons  <b>Safety Training</b></p>	<p><b>7:45 p.m. - 8:30 p.m.</b>  <b>EVENING SWIM</b>            (Ages 12+)            Lap Swim Only,            • Water Fitness Classes            • Swim Lessons  <b>Safety Training</b></p>	<p><b>7:45 p.m. - 8:30 p.m.</b>  <b>EVENING SWIM</b>            (Ages 12+)  <b>Lap Swim Only,</b>            • Water Fitness Classes            • Swim Lessons            • Safety Training</p>	<p><b>7:15 p.m. - 8:30 p.m.</b>  <b>EVENING SWIM</b>            (Ages 12+)</p>	<p><b>Pool Closes at 5:00 PM</b></p>		
<p><b>Pool Closes at 8:30PM</b></p>							
<p><b>**Lap lanes will vary based on programs**</b></p>							
<p><b>*** Locker Rooms will be closed 30 minutes after the last whistle ***</b></p>							
<p><b>**** THIS SCHEDULE SUBJECT TO CHANGE ****</b></p>							
<p>This pool use schedule may be changed to accommodate special events or holiday activities. Check posted notices in the center lobby.</p>							
<p>FACILITY CLOSED ON: Thanksgiving Day, Christmas Day, New Year's Day, and Easter Sunday, June 19th, Memorial Day, Independence Day, and Labor Day</p>							



# Silver Spring Recreation Aquatics Center Schedule

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Montgomery County Recreation - Aquatics Section

Pool Use Schedule - February 28, 2026 - June 20, 2026

## Public Use Times

<p align="center"><b>Diving Boards</b></p> <p><b>SATURDAY:</b> 1:00 P.M. - 3:30 P.M.</p> <p><b>SUNDAY:</b> 1:00 P.M. - 3:30 P.M.</p>		<p align="center"><b>Splash Time</b> Following Sections Open: Rec Pool, leisure pool, Spas (Diving boards Closed)</p>		<p align="center"><b>General /Daily admissions</b> Anyone paying daily admission must present a valid ID. Non-County residents must pay the non-county fee.</p> <p align="center">(All Patrons entering pool deck must pay admission)</p> <p align="center"><b>All patrons within the pool area must be dressed in proper swim attire (No Street Clothes)</b></p>															
<p align="center"><b>Leisure Pool</b></p> <p><b>Friday</b> 4:00 P.M. - 6:00 P.M. <b>SATURDAY:</b> 1:00 P.M. - 3:30 P.M. <b>SUNDAY:</b> 1:00 P.M. - 3:30 P.M.</p>		<p align="center"><b>Deep Water Running (DWR)</b> <b>Monday -Friday</b> 6:30 AM- 8:30 PM</p> <p><b>SATURDAY:</b> 9:00 A.M. - 5:00 P.M. <b>SUNDAY:</b> 9:00 A.M. - 5:00 P.M.</p>		<p align="center"><b>ADMISSION FEES FOR NON-PASS HOLDERS</b></p> <table border="1"> <thead> <tr> <th rowspan="2"></th> <th colspan="2">FOR EACH ENTRY</th> </tr> <tr> <th>County Resident</th> <th>Non-County Resident</th> </tr> </thead> <tbody> <tr> <td>Children (1 - 17 years old)</td> <td>\$5.00</td> <td>\$20.00</td> </tr> <tr> <td>Adults (18 - 54 years old)</td> <td>\$7.00</td> <td>\$20.00</td> </tr> <tr> <td>Seniors (55 years and older)</td> <td>\$6.00</td> <td>\$20.00</td> </tr> </tbody> </table>			FOR EACH ENTRY		County Resident	Non-County Resident	Children (1 - 17 years old)	\$5.00	\$20.00	Adults (18 - 54 years old)	\$7.00	\$20.00	Seniors (55 years and older)	\$6.00	\$20.00
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<p align="center"><b>Hydrotherapy Pools</b> ADULTS ONLY: Ages 14-17 IF ACCOMPANIED BY AN ADULT. (1 ADULT PER MINOR) Due to frequent cleaning and maintenance that these pools require, only one may be available for use during these hours:</p> <p>MONDAY-FRIDAY 6:30 a.m. - 8:30P.M. **SATURDAY: 9:00 a.m. - 5:00 P.M. SUNDAY: 9:00 a.m. - 5:00 P.M.</p>		<p align="center"><b>Very Limited lanes during this time do to programs</b></p>		<p>Children under the age of 12 entering the pool complex must be accompanied and cared for (at pool side) by a responsible person 16 years of age or older. Children under 6 years old must be within arms reach at all times</p>															
<p align="center"><b>Recreational Swim</b> General swimming for all ages with the following facilities open: lanes, diving boards, leisure pool and hydrotherapy spas</p>		<p align="center"><b>Children under 12 years of age must be accompanied and cared for by a paying adult attired in a swim suit on the pool deck.</b></p>		<p>Proper Bathing suits required. NO CUTOFFS OR GYM SHORTS. Shorts, t-shirts, and undergarments do not qualify as bathing suit attire. All patrons within the pool area must be attired in swimming apparel.</p>															
<p align="center"><b>Lap Swimming (Ages 12+)</b> Lap Swimming only (Not a Play time), Patrons must be swimming wall to wall during this time.</p>		<p align="center"><b>Groups of 6 or more must call in advance for scheduling during Recreational Swim.</b></p>		<p>The use of cameras, video camera or any device containing camera equipment of any kind is prohibited in all locker rooms, bathrooms and changing areas.</p>															
				<p>Persons who are not completely toilet trained must wear rubber pants over their swim diapers.</p>															
				<p>Lockers are available --- BRING A LOCK TO SECURE YOUR BELONGINGS!</p>															
				<p align="center"><b>Program registration:</b> <a href="http://www.activemontgomery.org">www.activemontgomery.org</a></p>															
				<p>The management reserves the right to alter the pool schedule when it is deemed necessary.</p>															