

February 2024-Winter

Wheaton Fifty Fit 55+

Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830 | mocorec.com



Spring 2024 Registration

Monday, February 12
Registration opens
at 6:30am
activemontgomery.org

Active Montgomery
Tutorial
February 3 &
February 10
10am-4pm

The Queen's Tea
February 24
2pm-4pm

Cardboard Boat
Regatta: Design &
Build @ Wheaton
Senior Center
R07107-233

Friday, January 5, 2024-
March 13
9:30am-12:30pm
Participants from
Wheaton will be able to
build a cardboard boat
for the March 14th event!

Welcome to Wheaton Fifty Fit 55+ Winter Session!

Our Winter session is from Friday, December 1, 2023-Thursday, February 29, 2024. If you have previously participated or are new, you will need to register for each individual class. You will not be allowed into any classes without registering. The programs listed below are still available for you to register until program is full or at capacity. You can register online at activemontgomery.org or in person at the front desk at Wheaton Community Recreation Center.

Wheaton Senior Center will be closed:
Monday, February 19, 2024



Chinese New Year at Wheaton
Monday, February 12
1:30pm-3:00pm
Wheaton CRC Social Hall



SNP Meals Program will be providing a special Chinese meal for the celebration on Monday, February 12 from 12pm-1pm.

Pre-registration is required.

Standby List

Register to be added to the Standby list for classes that are already full for Winter2023/2024. Participants registered will not be called and participants will need to come in person to see if there is space in the class. This does not guarantee you a spot in the class and participants will not be admitted once class is at capacity. Rosters for classes will be printed and updated every Monday at 8:30am. If you register after this time, it's recommended that you begin participating the following week to ensure your name will be on the updated roster.

SNP Special Meals for February 2024

**(Meals served at 12pm)
(Pre-registration required)**

**Chinese New Year:
February 12**

**Valentine's Day:
February 14**

**Welcome to France:
February 22**

Spring 2024 Registration
Registration for Spring Programs is
Monday, February 12, 2024, at 6:30am

**Our programs are full.
Last day to register for Winter 55+
Fifty Fit Standby program is
February 2 at 5pm.**

55+ Fifty Fit Standby-Dance:

R07012-218

Superpower Dance Circle, Social Line Dance, 55+
Ballet, Zumba Gold
Ballroom/Line Dance, Chinese Folk Dance, Chinese
Dance & Fitness,
Yuan Chi Dance, Social Dances Across the
Continents

55+ Fifty Fit Standby-Fitness:

R07012-219

Yoga Para Todos, 55+ Yoga, Yogalates, Muscle UP!,
Zumba, Wheaton Walks, Full Body Workout, Let's
Practice Qigong

55+ Fifty Fit Standby-Arts:

R07095-221

Painting with Acrylics, Intro to Drawing

55+ Fifty Fit Standby-Social Clubs:

R07117-204

Wheaton Mahjongg, Needles & Yarn, Wheaton
Jewelry Club

55+ Fifty Fit Standby-Specialty Programs:

R07114-201

Memoir Writing, Conversational Spanish, Ukulele
for Beginners, Beginners Spanish, Let's Practice
Ukulele!, Beginners English

How to reach SNP Meals Manager regarding Senior
Nutrition Program

240-773-4833

Please call if you will need to cancel any meal
reservation.