

Long Branch Senior Center Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
APRIL 2025				
<p style="text-align: right;">3/31</p> <p>9 Table Games and Creative Coloring 9 Coffee Social 9:30 Mah Jong 10- Bone Builders 10:30-Chinese dance 10:30- Karaoke 11-Sing Along 12 -Lunch 1 Yoga</p>	<p style="text-align: right;">1</p> <p>9- Table Games & Creative Coloring 9 Coffee Social 10- Watercolor 10 Super Power Dance Circle 11-Senior Fit 12-Lunch 12:45 Bingo 1- Tech Tutoring 2 – Zumba Gold</p>	<p style="text-align: right;">2</p> <p>9- Table Games and Creative Coloring 9-Coffee Social 10 – Bone Builders 10:30-Brainworks 11:05- Balance and Fall Prevention exercise class 12 Lunch 1:15- Begin knitting 2 – Tai Chi</p>	<p style="text-align: right;">3</p> <p>9 - Table Games and Creative Coloring 9-Coffee Social 9- Chair Yoga 10-Superpower Dance Circle 11-Senior Fit 12- Lunch 12:45-Move to the Beat 1-4 Tech Tutoring</p>	<p style="text-align: right;">4</p> <p>9- Table Games and Creative Coloring 9-Coffee Social 10-Seated Volleyball and Cornhole 10-Vietnamese Discussion Group 12 -Lunch 1-Yogalates</p>
<p style="text-align: right;">7</p> <p>9- Table Games and Creative Coloring 9- Coffee Social 9:30- Mah Jong 9:45- Bone Builders 10:30-Chinese Dance 10:30- Karaoke 11-Sing Along 12 -Lunch 1- Yoga</p>	<p style="text-align: right;">8</p> <p>9- Table Games and Creative Coloring 9 Coffee Social 10 Watercolor 10 Super Power Dance Circle 11-Senior Fit 12 Lunch 1-Tech Tutoring 2 – Zumba Gold</p>	<p style="text-align: right;">9</p> <p>9- Table Games and Creative Coloring 9-Coffee Social 9:45 Bone Builders 10:30-Brainworks 11:05- Balance and Fall Prevention exercise class 12 Lunch 1:15- Begin knitting 2 – Tai Chi</p>	<p style="text-align: right;">10</p> <p>9 - Table Games & Creative Coloring 9- Chair Yoga 9 – Coffee Social 10- Superpower Dance Circle 11- Senior Fit 12:45-Move to the Beat 12-Lunch 1-Tech Tutoring</p>	<p style="text-align: right;">11</p> <p>9- Table Games and Creative Coloring 9-Coffee Social 10-Seated Volleyball and Cornhole 10-Vietnamese Discussion Group 12 -Lunch 1-Yogalates</p>

<p style="text-align: right;">14</p> <p>9 Table Games and Creative Coloring 9 Coffee Social 9:30 Mah Jong 9:45- Bone Builders 10- Tai Chi 10:30 Chinese Dance 10:30- Karaoke 11-Sing Along 12 -Lunch 1 Yoga</p>	<p style="text-align: right;">15</p> <p>9 - Table Games and Creative Coloring 9 Coffee Social 10 Watercolor 9 Coffee Social 10 Super Power Dance Circle 11-Senior Fit 12- Lunch 1- Tech Tutoring 2 – Zumba Gold</p>	<p style="text-align: right;">16</p> <p>9- Table Games and Creative Coloring 9:45–Bone Builders 10-Fashion Show</p>  <p>11:05- Balance & Fall Prevention exercise class 12- Lunch 1:15- Begin knitting 2 – Tai Chi</p>	<p style="text-align: right;">17</p> <p>9 - Table Games and Creative Coloring 9- Chair Yoga 10- Superpower Dance Circle 11- Senior Fit 12- Lunch 12:45- Move to the Beat. 1- Tech Tutoring</p>	<p style="text-align: right;">18</p> <p>9- Table Games and Creative Coloring 9-Coffee Social 10-Seated Volleyball and Cornhole 10-Vietnamese Discussion Group 12 -Lunch 1 - Yogalates</p>
<p style="text-align: right;">21</p> <p>9-Table Games and Creative Coloring 9- Coffee Social 9:30 Mah Jong 9:45 Bone Builders 10- Tai Chi 10:30- Chinese Folk Dance 10:30- Karaoke 11-Sing Along 12- Lunch 1- Yoga</p>	<p style="text-align: right;">22</p> <p>9- Table Games and Creative Coloring 9- Coffee Social 10- Watercolor 10- Super Power Dance Circle 11-Senior Fit 12- Lunch 1-Tech Tutoring 2 – Zumba Gold</p>	<p style="text-align: right;">23</p> <p>9- Table Games and Creative Coloring 9- Coffee Social 9:45- Bone Builders 10:30-Brainworks 11:05- Balance& Fall Prevention exercise class. 12- Lunch 1:15- Begin knitting 2 – Tai Chi</p>	<p style="text-align: right;">24</p> <p>9 - Table Games and Creative Coloring 9- Coffee Social 9-Chair Yoga 10- Superpower Dance Circle 11-Senior Fit 12:45-Move to the Beat 12 Lunch 1- Tech Tutoring</p>	<p style="text-align: right;">25</p> <p>9- Table Games and Creative Coloring 9-Coffee Social 10-Seated Volleyball and Cornhole 10-Vietnamese Discussion Group 12 -Lunch 1 – Yogalates</p>

<p style="text-align: right;">28</p> <p>9-Table Games and Creative Coloring 9- Coffee Social 9:30 Mah Jong 9:45 Bone Builders 10- Tai Chi 10:30- Chinese Folk Dance 10:30- Karaoke 11-Sing Along 12- Lunch 1- Yoga</p>	<p style="text-align: right;">29</p> <p>9- Table Games and Creative Coloring 9- Coffee Social 10- Watercolor 10- Super Power Dance Circle 11-Senior Fit 12- Lunch 1-Tech Tutoring 2 – Zumba Gold</p>	<p style="text-align: right;">30</p> <p>9- Table Games and Creative Coloring 9- Coffee Social 9:45- Bone Builders 10:30-Brainworks 11:05- Balance& Fall Prevention exercise class. 12- Lunch 1:15- Begin knitting 2 – Tai Chi</p>		
--	--	---	--	--

LONG BRANCH SENIOR CENTER, 8700 PINEY BRANCH ROAD SILVER SPRING, 240/777-6975.