



# Happenings

## January 2026

### Schweinhaut Staff

#### Center Director:

Karen Maxin

#### Asst. Center Director:

Michelle Riemer

#### Nutrition Manager:

Lisa Buchsbaum

#### Recreation Assistants:

Sena Alemu

Hilda Ampaw

Louise Basso-Luca

JoAnn Charles

Jairo Gomez

Brenda Harding

Gerry Olson

Jennifer Posner

Kyra Winthrop-St. Gery

#### **New Year's Dance with Jumping Joe #R07107-271**

**Monday, January 12 • 12:30pm - 2:00pm**

Welcome the New Year with an unforgettable afternoon featuring Joe Phillips performing live "Memories of Motown & Oldies". Let the music move you and start your year off on a high note. Space is limited - register asap! Light refreshments will be served.

#### **Mobile Health Unit with Dental Services #R07094-110**

**Wednesday, January 21 • 8:30am - 3:00pm**

Aging & Disabilities Resource Unit will provide routine health care such as blood pressure checks, mental health appointments along with routine dental services. Sign up at the front desk, appointments are limited.

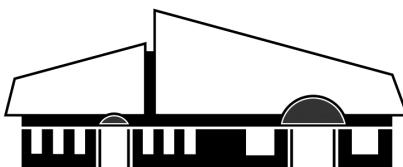
#### **Cardboard Boat Regatta Design & Build #R07107-232**

**Fridays, Jan 9 - Feb 27 • 10:00am - 12:00pm**

Represent your center and be a part of the design and build team for this year's Cardboard Boat Regatta! Each boat is to be made of cardboard boxes, duct tape, and garbage bags only. See more details on page 2.

#### **Closures, Class Cancellations or Changes**

- Center closed December 25 and will reopen January 5
- Closed Monday, January 19 Martin Luther King Jr. Day



1000 Forest Glen Road, Silver Spring, MD 20901

Center Hours: Monday - Friday: 8 a.m. to 4 p.m., Saturday: 9 a.m. to 3 p.m.

Front Desk: 240-777-8085; Center Director: Karen Maxin, 240-777-8082

Hablamos Español

We have WiFi, select MCGuest.



MONTGOMERY COUNTY  
**Recreation**

# **Special Programs**

## **Afternoon Cinema Fridays #R07088-203**

### **Fridays, January 9, 16, 23 & 30 • 12:30pm - 2:00pm • Daisy Room**

Join us on Fridays for a movie presentation in the Daisy Room. Check the bulletin board for a poster and synopsis of each week's designated film. Movies are subject to change.

Jan 9: Charlie and the Chocolate Factory (2005), Jan 16: Dream Girls (2006), Jan 23: Ocean's Twelve (2004) and Jan 30: Blades of Glory (2007).

## **Billiard Lessons for Ladies #R07103-205**

### **Tuesdays, January 6, 13, 20 & 27 • 11:00am - 12:00pm • Billiards Room**

Have you thought about learning how to shoot billiards? Join this fun class to learn the basics and perhaps some not so basic shots. Space is limited so please register soon. If the class is full, please get on the waitlist as spots could become available.

## **Senior Planet: Exploring AI: Series of 10 topics #R07105-227**

### **Tuesdays, January 6 - March 10 • 1:00pm - 2:00pm • Garden Room**

Join us for an engaging and informative series of 10 lectures designed to introduce older adults to the fascinating world of Artificial Intelligence. Whether you're curious about how AI works, how it's used in everyday life, or how it might impact the future, this series is for you!

## **Superpower Dance Circle #R07012-243**

### **Wednesdays, January 7, 14, 21 & 28 • 9:00am - 10:00am • Auditorium**

Join our dance party atmosphere and move to popular music, incorporating various dance styles, including: hip-hop, jazz, Latin, international, modern, scarf-drumstick (magic wands), and social line dance. The class ends with cool-down stretches, deep breathing techniques, and guided meditation. Our program is designed to be engaging, fun, expressive and a beneficial experience. Sheer scarves will be provided.

## **Balance & Cardio Drum Exercise with Everest Wellness #R07060-234**

### **Tuesdays, January 6, 13, 20 & 27 • 12:30 - 1:30pm • Auditorium**

Everest Wellness will provide balance exercises the 1st, 2nd, 3rd Thursday (and 5th if there is one). The 4th Tuesday will be cardio drumming.

## **NEW Mindful Movement & Fitness Class #R07077-206**

### **Wednesdays, January 7, 14, 21 & 28 • 10:30am - 11:30am • Almost Cafe**

Mindful Movement and Fitness is a holistic wellness class that blends rhythmic, dance-inspired movement, healthy breathing and posture, gentle stretching and uplifting music to create a rejuvenating experience for participants of all ages. This program draws from a wide range of movement and healing modalities and is highly adaptable to all age groups and ability levels. This will be a six week session.

## **Cardboard Boat Regatta Design & Build #R07107-232**

### **Fridays, January 9 - February 27 • 10:00am - 12:00pm • Art Room**

Represent your center and be a part of the design and build team for this year's Cardboard Boat Regatta! Each boat is to be made of cardboard boxes, duct tape, and garbage bags only. No sealants or other materials allowed. Official Cardboard Boat Regatta rules will be given on first design and build meeting. Each boat will be racing against time to be declared the fastest vessel in the water, also awards for the most creative cruiser and team spirited.

## **Mini-Trip: Arundel Mills Mall & Casino #R07101-271**

### **Friday, January 9 • 9:30am - 2:00pm • Lobby**

Join us for a fun filled trip to Arundel Mills Mall for shopping & food, and perhaps a visit to the Casino before heading back to the center. Bus will be leaving the center at 9:30 and returning by 2:00pm.

## **Essential Oils for the Emotions #R07028-225**

### **Tuesday, January 13 • 10:00am - 11:00am • Daisy Room**

Anxiety, depression, grief and insomnia can be treated with essential oils such as bergamot, cypress and rose. Join us to learn how to use oils for self-care.

# ***Special Programs***

## **Vaccine Clinic by Giant Pharmacy #R07108-205**

**Thursday, January 15 • 10:00am - 2:00pm • Daisy Room**

Pharmacist Rimple Gabri from Giant Pharmacy will be offering this Vaccine clinic. Besides the Flu shot they will also be providing Shingrix, Tetanus, Pneumonia, Covid and Hepatitis B vaccines. The updated Covid vaccines will be offered, and the RSV +al Virus. Bring your Medicare card and any secondary insurance information. No appointments necessary but registration is required.

## **Down County Fitness Day #R07101-269 White Oak CC**

**Friday, January 16 • 9:30am - 11:30am • Lobby**

Join us for a morning of fun sports and fitness-related activities. Try cornhole, WII bowling, seated volleyball, basketball skills and more! Transportation will be available from MSSC and is limited. Sign up directly at your center for transport.

## **Same Day Access: Call-n-Ride #R07105-228**

**Tuesday, January 20 • 10:30am - 11:30am • Garden Room**

Experiencing unreliable Metro Access Service? Join us for an informative session on the same day Call-n-Ride service. If you've had challenges with Metro Access don't miss this opportunity. A representative from the Department of Transportation (DOT) will share important information and answer your questions to help you navigate and make the most of this service.

## **Rummikub Tournament #R07086-206**

**Wednesday, January 21 • 10:00am - 12:00pm • Garden Room**

Join us for a fun day of strategy and friendly competition at Senior Rec's first countywide Rummikub Tournament at the Margaret Schweinhaut Senior Center. Open to all skill levels. Registration is required. Awards will be given to 1st, 2nd, and 3rd place winners, with light refreshments provided.

## **Mini-Trip: Value Village Thrift Store #R07101-272**

**Tuesday, January 27 • 9:30am - 12:00pm • Lobby**

Join us for a morning of thrifting at Value Village Thrift Store in the Hillandale Shopping Center! One man's trash is another one's treasure, come explore the aisles and see what unique finds await you. Whether you're hunting for vintage gems, quirky decor, or budget-friendly fashion, there's something for everyone.

## **Montgomery County Inclement Weather Policy**

For weather-related updates, Montgomery County Recreation (MCR) website at [www.mocorec.com](http://www.mocorec.com), MCR Facebook, or our center. Register for Rec Alerts via Alert Montgomery.

- **MCPS Closed:** All programs/classes canceled. Aquatic, Recreation, and Senior Centers open at 9 a.m. for drop-in only. Senior transportation and nutrition canceled.
- **MCPS 2-Hour Delay:** Centers open at 9 a.m. Programs before 10 a.m. canceled. Senior transportation and nutrition canceled.
- **MCPS Early Dismissal:** Programs starting at 2 p.m. or later canceled. Club Adventure closes at 2 p.m. Drop-in activities continue.
- **County Government Delayed Opening:** Facilities open at the delayed time; programs before then canceled.
- **County Government Early Closure:** Facilities close at the announced time; programs end or are canceled at that time.

# Recurring Activities

Activity	Day & Time	Description & Contact	Fee
<b>Ceramics</b> <b>Activity #R07098-204</b> <i>Instructor: Yvonne Roberts</i>	Tues. & Thurs. 9:30am - 1:00pm	A creative class where bisque becomes art! You can bring your own pieces or select from our supply. There is a limit of 4 pieces per month.	Free
<b>Card Making</b> <b>Activity #R07095-227</b> <i>Instructor: Cindy Bocucci</i>	2nd Sat. 9:30am - 2:30pm	Allow your creativity to flow as you make unique and personalized greeting cards under the instruction of Cindy Bocucci.	Free
<b>Fun with Art</b> <b>Activity #R07052-204</b> <i>Facilitator: Barbara Hunter</i>	Wed. 10:00am - 12:00pm	Come and discover a new talent whether it's pencil drawing, watercolor, acrylic, or pastel. <i>Bring your own supplies.</i>	Free
<b>Origami</b> <b>Activity #R07096-202</b> <i>Facilitator: Lois Dicker</i> <b>Activity #R07096-203</b> <i>Facilitator: Debbie Pichler</i>	1st Mon. 1:00pm - 3:00pm Tues. 1/13 10:00am - 12:00pm	Learn the Japanese art of paper folding. Join others to create fun creations to take home or put on display in our library display case.	Free
<b>Stitchers</b> <b>Activity #R07003-205</b> <i>Facilitator: Carol Bannerman</i>	Wed. 1:00pm- 3:00pm	Whatever needlework you prefer (knitting, crocheting or embroidery), join us to practice your craft in this friendly group. Use our donated yarn to create useful items for community charities.	Free
<b>Book Discussion</b> <b>Activity #R07065-203</b> <i>Facilitator: Marjorie Hoffman</i>	2nd Tues. 1:00pm - 2:30pm	January book: Gilead by Marilynne Robinson	Free
<b>Coffee &amp; Conversation with MSSC Staff</b> <b>Activity #R07092-206</b>	3rd Thurs. 9:30am - 10:15am	Share a cup of coffee or tea with us as we engage in an open discussion. Your input on preferred programs/activities at MSSC is valuable, and we'll address any concerns you may have.	Free
<b>Writer's Group</b> <b>Activity #R07058-205</b> <i>Facilitator: Beverly Moss</i>	1st & 3rd Tues. 10:00am - 12:00pm	Join fellow writers as they share essays, poems, stories, and more in this friendly, informal virtual group. Share your work or just listen—everyone is welcome! <b>Contact Karen at <a href="mailto:karen.maxin@montgomerycountymd.gov">karen.maxin@montgomerycountymd.gov</a> for the Zoom link.</b>	Free
<b>Basic Functional Balance Exercise</b> <b>Activity #R07030-205</b> <i>Instructor: Julien Elie</i>	1st & 4th Fri. 9:30am - 10:30am	Light exercise, focused on building posterior musculature and developing core strength that is critical to having a well-balanced body.	Free
<b>Ballroom Dance</b> <b>Activity #R07050-206</b> <i>Instructors: Ellen Moran &amp; William Goldberg</i>	Wed. 12:00pm - 1:30pm	Learn the basic steps, lead and follow, and simple routines. Singles and couples are welcome. Followed by Let's Dance!	Free
<b>Bone Builders</b> <b>Activity #R03010-219</b> <i>currently on waitlist</i>	Tues. & Thurs. 10:30am - 11:30am	The program aims to maintain and increase bone density, preventing osteoporosis. Classes focus on balance, strength training, and posture, using dumbbells and ankle weights to stimulate bone growth.	Free
<b>Dance Fitness</b> <b>Activity #R07012-204</b> <i>Instructor: Georgia Martin</i>	Mon. 9:30am -10:30am	A popular style of dance fitness class is cardio dance. This type of class is what many people associate with dance fitness. This category includes classes like Zumba®, hip hop and more. These classes focus on cardio while incorporating strength and toning techniques.	Free
<b>Kickboxing</b> <b>Activity #R07060-204</b> <i>Instructor: Julien Elie</i>	3rd Fri. 9:30am - 10:30am	Kickboxing classes can be a little intimidating for beginners but don't worry, you can move at your own pace. Learn the proper mechanics of offensive and defensive moves in kickboxing.	Free

Activity		Day & Time	Description & Contact	Fee
F I T N E S S	<b>Line Dancing</b> <b>Activity #R07011-207</b> <i>Instructor: Jo Ann Eng</i>	Sat. 10:30am - 12:00pm	Learn how to line dance to your favorite songs under the instruction of Jo Ann.	Free
	<b>Low Impact Exercise</b> <b>Activity #R07060-205</b> <i>Instructor: Julien Elie</i>	2nd Fri. 9:30am - 10:30am	This class offers simple moves, low-impact, easy walking patterns, step aerobic combinations and weight routines. The workout changes each week. The intensity level is lower than in our traditional exercise classes.	Free
	<b>Holy Cross Health &amp; Kaiser Permanente Present Senior Fit</b> <i>Instructor: Chatarina Lindvall</i>	Tues. & Thurs 9:15am - 10:15am	Holy Cross Health and Kaiser Permanente offer Senior Fit, a 45-minute exercise class designed for adults 55+, to improve strength, flexibility, endurance and balance. Classes are ongoing. Call 301-754-8800 or <a href="mailto:seniorfit@holycrosshealth.org">register online by emailing seniorfit@holycrosshealth.org</a>	Free
	<b>Superpower Dance Circle</b> <b>Activity #R07012-243</b> <i>Instructor: Jane Pinczuk</i>	Wed. 9:00am - 10:00am	Join our dance party atmosphere and move to popular music, incorporating various dance styles including, hip-hop, jazz, Latin, international, modern, scarf-drumstick (magic wands) and social line dance. The class culminates with cool-down stretches, deep breathing techniques and guided meditation.	Free
	<b>Tai Chi Chuan</b> <b>Activity #R07025-207</b> <i>Instructor: Glenn Moy</i>	Tues. 2:00pm - 3:00pm	An ancient system of physical and mental harmony. This exercise emphasizes relaxation, balance, and coordination.	Free
	<b>Qi Gong</b> <b>Activity #R07059-204</b> <i>Instructors: Mike Kornely &amp; Julia Schuker</i>	Sat. 12:00pm - 1:00pm	Qi Gong has been a part of traditional Chinese medicine for centuries. This gentle and meditative form of exercise is perfect for seniors looking to increase their strength, balance, and reduce stress.	Free
	<b>Yin Yoga</b> <b>Activity: #R07032-211</b> <i>Instructor: Adina Crawford</i>	Sat. 9:15am - 10:15am	This beginner-friendly class will help you find peace both in body and in mind, focusing on poses and stillness that improve the health of critical body joints. <i>Please bring your own mat, towel, and pillow.</i>	Free
	<b>BINGO!</b> <b>Activity #R07085-212</b> <i>Facilitator: Linda Disharoon</i>	Mon. & Thurs. 10:30am - 11:30am	Join us to have a fun-filled hour playing BINGO with your friends or friends you haven't met before. One winner per game.	Free
	<b>Pinochle Card Game</b> <b>Activity #R07099-205</b> <i>Facilitator: George Kelly</i>	Wed. 1:00pm - 3:00pm	Come learn the skill of Pinochle, a trick-taking and melding card game with components similar to Bridge, Euchre, Spades, and Hearts.	Free
	<b>Game Day Play</b> <b>#R07086-203</b>	Mon-Fri 12:30pm - 2:00pm	Join staff for hours of fun where you can choose what game you want to play. Choose from a variety of games such as Rummikub, Chess, Dominoes and more! Besides being good for your brain, this activity will be a great opportunity for socializing and building new friendships.	Free
G A M E S	<b>Chess Club</b> <b>Activity #R07110-204</b> <i>Facilitator: Clifford DuThinh</i>	Mon. 10:30am - 1:00pm	Chess, a classic board game, is played by two opponents on a checkered board with the goal of capturing the opponent's king. Beginners are encouraged to join!	Free
	<b>Nutrition 101</b> <b>Activity #R07024-106</b> <i>Facilitator: Josephine Tsobgni Djoukeng, Ph.D.</i>	Tues. & Thurs. 1:00pm - 2:00pm	As a Nutritionist and Certified Wellness Life Coach, Josephine will host a discussion on how to be your best healthy self.	Free
	<b>Brewing Healthy Relationships</b> <b>Activity #R07111-202</b> <i>Facilitator: Wubet Tezera</i>	Fri. 10:30am - 12:00pm	Join us for a traditional Ethiopian coffee ritual that fosters connection and open discussion. This practice supports healthy relationships, encourages sharing everyday concerns, and offers health benefits such as improved focus, digestion, and antioxidant support. All are welcome.	Free

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<b>English Conversation Activity #R07021-204</b> Facilitator: Linda Winter	Mon. & Thurs. 1:00pm - 2:30pm	This group offers an opportunity for conversation if you can read English but are not sure about speaking English. It is also a chance to meet people from other countries. We look forward to meeting you.	Free
<b>French Conversation Activity #R07019-200</b> Facilitator: Kodjovi Abotchi	2nd, 4th & 5th Saturdays 10:30am - 12:00pm	If you have knowledge of French, this class is for you. Kodjovi will cover simple conversations and grammar to help you brush up on your skills. He will include music and poems at some of the classes.	Free
<b>Italian Beginner Class Activity #R07021-203</b> Facilitators: Nina Baccanari and Graziella Caminiti	Wed. 1:00 - 2:00pm	This class will cover vowels, numbers, alphabet, seasons, days, months, grammar, phrases, vocabulary, and other basic principles.	Free
<b>Italian Intermediate Class Activity #R07021-205</b> Facilitators: Maria Goudiss and Suzan Daley	Wed. 2:00 - 3:00pm	This is an intermediate Italian class. A working knowledge of Italian is necessary. The class focuses on speaking and reading Italian.	Free
<b>Spanish Class Level 1 Activity #R07015-205</b> Facilitator: Mauricio Burgos	Thurs. 9:30am - 10:30am	This session will cover pronunciation, the alphabet, numbers, seasons, days of the week and daily expressions.	Free
<b>Spanish Class Level II Activity #R07015-206</b> Facilitator: Amparo Ocasio	Wed. 10:30am - 11:30am	This session will introduce basic Spanish grammar structure in simple sentences and increase vocabulary for everyday use through the use of music, written materials and participant interaction activities. Bienvenidos!	Free
<b>Spanish Class Level III Activity #R07015-208</b> Facilitator: Ana Bustamante	Mon. 11:00am - 12:00pm	Join this group for a simple conversation to help improve your skills to be able to communicate with other people.	Free

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<b>Seasoned Players Activity #R07056-203</b> Facilitator: Helen Cothran	1st & 3rd Wed 1:30pm-3:30pm	Seasoned Players invite you to join them to rehearse songs and/or line dances to perform at nursing homes and other senior centers.	Free
<b>Folklore Society of Greater Washington Presents Song Circle Activity #R07080-208</b> Facilitator: Fred Stollnitz	In Person or Zoom 2nd Fri. of the Month 1:30pm - 3:30pm	Song Circle is about group singing, not talent. Everyone is welcome to sing or just listen. Words are provided; no need to read music. Contact FSGW.org/song-circles for information on how to join on Zoom.	Free
<b>Angklung Music Lesson Activity #R07109-202</b> Facilitator: Ari Peach	Sat. 12:00pm - 2:00pm	Join this musical ensemble to learn how to play the Angklung, an Indonesian instrument crafted from bamboo. You will then get the opportunity to perform at various events in the community.	Free

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<b>Blood Pressure Screening Activity #R07108-204</b> Facilitator: Bernadette Denis	Fri. 1:00pm - 2:00pm	Come get your blood pressure checked for free by Bernadette every Friday, in our library.	Free
<b>Senior Services in Montgomery County</b> Facilitator: Anita Joseph	2nd Tues. of the month	Call 240-777-1062 to <b>make an appointment</b> to meet with Anita the 2nd Tuesday of the month at MSSC. Anita will provide information about senior services, assistance in obtaining services, benefits, and education on offerings available to seniors.	Free

# S P O R T S

<b>Indoor Shuffleboard</b> <b>Activity #R07121-203</b> <i>Facilitator: Cathy Fisher</i>	Mon. 12:30pm - 1:30pm	Whether you're a seasoned player or a beginner, learn the basics of Shuffleboard or sharpen your skills. Everyone is welcome to play and have a great time!	Free
<b>Bocce Ball Play</b> <b>Activity #R07124-100</b> <i>Facilitator: Cathy Fisher</i>	Starting in Spring	Learn the basics of Bocce Ball in this fun, hands-on session! We'll cover rules, scoring, and techniques to help you improve your game. Bring friends and enjoy this classic outdoor activity together.	Free
<b>Open Pickleball</b> <b>Activity #R07091-211</b> <b>(Subject to Change)</b>	Fri. See monthly schedule	Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. Join others for a friendly game at your leisure. Sign up for the email schedule.	Free
<b>Billiards</b> <b>Activity #R07103-203 M-F</b> <b>Activity #R07103-204 Sat.</b>	M-F 8:00am - 4:00pm Sat. 9:00am - 3:00pm	Come in and join us for a game of Billiards. The Pool Room is open to everyone during center hours.	Free
<b>Table Tennis</b> <b>Activity #R07097-203 Mon.</b> <b>Activity #R07097-204 Fri.</b> <b>(Subject to Change)</b>	Mon. 12:00pm - 2:00pm Fri. from 10:30am - 12:00pm	Table Tennis is a sport in which two or four players hit a lightweight ball back and forth across a table, using small paddles. See front desk for equipment.	Free
<b>Newbies + Beginner Pickleball</b> <b>Activity #R07091-212</b> <i>Instructor: Coach Brad Paleg</i>	Thurs. 1:00pm - 2:00pm	This class is for beginners or those starting to learn pickleball. No prior experience needed. Learn rules, gameplay, strokes, and court skills in a safe, fun, social setting. Limited space, early sign-up recommended!	Free
<b>Advanced Beginner Pickleball</b> <b>Activity #R07091-213</b> <i>Instructor: Coach Brad Paleg</i>	Thurs. 2:00pm - 3:00pm	This class is for players with at least 3 months of experience who can dink, serve, and return consistently. It will help you build a solid foundation to improve your pickleball skills, including non-volley zone (NVZ) play and resetting skills.	Free
<b>Intermediate Beginner Pickleball</b> <b>Activity #R07091-214</b> <i>Instructor: Coach Brad Paleg</i>	Thurs. 3:00pm - 4:00pm	You have developed a strong pickleball foundation. You understand the importance of coming up to the NVZ line and can effectively play from that area. The class, using instruction, drills, and recreational play, will help you as you advance both your skills and strategies.	Free

## ***Nutrition Program - Socialize while enjoying a healthy meal!***

### **Monday through Friday • Noon • Almost Café**

The cost of the meal is \$8.40. For people age 60 or older and a spouse of any age, a voluntary contribution is requested. Guests, including caregivers, under age 60 pay full cost. Please contribute as much as you can. Contributions are used to serve more meals. The recommended donation is \$3.00. Cancel or change your reservations for lunch, Monday through Friday, at least 72 hours in advance. Currently not taking new participants.

For more information, call 240-777-8085 and ask for the Nutrition Site Manager, Lisa Buchsbaum.

### ***Daily Transportation— Door to Door Transportation***

### **Monday through Friday • Pickup start at 8am • Depart the center at 2pm**

Our daily bus to the center is available for pickup in our area.

**For Information, cancellations or changes, or to check if you're in our pickup area, please contact Evelyn Kittrell at 301-255-4214.**



**Community Partnerships  
Make Wonderful Things Happen!  
Thank you to the following organizations...**

AARP

Adventist Health Care

Affiliated Sante Group

Akhmedova Ballet Academy

Beacon Newspaper

Brooke Grove Retirement Village

The Folklore Society of Greater Washington

Friends of the Margaret Schweinhaut Senior Center (FOMSSC)

Holy Cross Health

Senior Planet

United Health Care & Integral Health Care

U.S. Postal Service

Woodmoor Pastry Shop

**Support  
The Friends of  
MSSC, Inc.  
For more details,  
see the main  
office.**

# Announcements

## New Advisory Board Members

The Friends of the Margaret Schweinhaut Senior Center (FOMSSC) are seeking people like you to join the Board. Through our ongoing activities and financial resources, we help the Center and support Director Karen Maxin to provide the very best services to our senior community. We have already purchased equipment, renewed the pool room, funded programs, and supported special events. Our Board meets once a month at the Center to explore new ways to make a difference. Let's begin 2026 together by giving back to the Center that gives us all so much. If you are interested please email Peter Reiss, board president, at [preiss372@gmail.com](mailto:preiss372@gmail.com) or call him at 202-549-1387. We look forward to hearing from you.

## Have Our Newsletter Emailed

You can receive our monthly newsletter emailed directly in your inbox! Sign up at the front desk or call 240-777-8085 to be added to our email list. You can help save money and reduce paper waste.

## Pickleball Schedule

The open Pickleball Play schedule is posted at the center. We can email it to you; call 240-777-8085 to get on the list.

**New Staff:  
Please welcome our new staff member Louise Basso-Luca.**

## Upcoming Programs and Closures



Tuesday, February 17

Karaoke

Saturday, February 14

Akhmedova Ballet Presents "Valentines Day Show"

Monday, February 16

Closed Presidents' Day

Monday, February 23

American Folk Song Music with Tim Briceland & Co.

*Please note that the above programs are tentative and changes could occur.*

*We will make every effort to relay any changes as they occur. Keep an eye out for notice of any additional programs in the corridor next to front desk.*



Check out the recreation website at [MOCOREC.COM](http://MOCOREC.COM)

Register for programs at [Activemontgomery.org](http://Activemontgomery.org)