

Wheaton Fifty Fit 55+

Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830 | mocorec.com



**How to reach SNP
Meals Manager
regarding Senior
Nutrition Program?**

240-773-4833

**Please call and leave a
message if you need to
cancel any meal
reservation.**

**We are not accepting
new applications for the
SNP meals program**

<https://www.montgomerycountymd.gov/rec/activitiesandprograms/seniors/congregatemeal.html>

**Volunteer to teach/
facilitate a program at
Wheaton Senior Center**

**If you're interested in
volunteering by leading
or facilitating a
program, please reach
out to Alex Alcon
Alejandro.alcon@
montgomerycountymd
.gov**

Registration for Spring 2026 session

**Wednesday, February 18, 2026
Registration starts at 9am for all 55+ programs**

**Registration is held in person at any
Montgomery County Recreation Facilities**

Or

Online at activemontgomery.org

Cardboard Boat Regatta Presentation

Wednesday, February 4, 2026 at 10am

**Join us for a brief presentation on how to
participate in the upcoming Cardboard Boat Regatta
Event! We are looking for participants to help build
the boat that will represent Wheaton Senior Center.**

**No experience is required. Open to all 55+
participants!**

Chat w/ Alex from Wheaton Senior Center

**R07314-201: Winter Session
February 24, 2026
1:00pm**

**Ask questions, share comments or suggestions
regarding Wheaton Senior Center.**

Attention 55+Participants

Please check in with staff members doing attendance before entering class.

Enrolled participants have 5 minutes after class starts before a spot is given to someone on the waitlist.

Participants on the waitlist will be admitted by staff members doing attendance. Participants on the waitlist are not guaranteed entrance to class.

No other participants from enrolled or waitlist will be able to enter 10 minutes after class begins.

Once capacity is reached for the class, doors will be closed.

Policy is subject to change and will be updated as needed.