

July 2025-Summer

# Wheaton Fifty Fit 55+

Wheaton Senior Center | 11701 Georgia Ave | 240-773-4830 | [mocorec.com](http://mocorec.com)



**How to reach SNP Meals Manager regarding Senior Nutrition Program?**

**240-773-4833**

**Please call and leave a message if you need to cancel any meal reservation.**

**We are not accepting new applications for the SNP meals program**

**Volunteer to teach/ facilitate a program at Wheaton Senior Center**

**If you're interested in volunteering by leading or facilitating a program, please reach out to Alex Alcon [Alejandro.alcon@montgomerycountymd.gov](mailto:Alejandro.alcon@montgomerycountymd.gov)**

**Wheaton Senior Center will be closed  
Friday, July 4, 2025  
Independence Day**

## **2025 Summer classes that are open for registration at Wheaton Senior Center:**

**Ballroom/Line Dance: R07011-504  
Chinese Folk Dance: R07012-507  
Chinese Dance & Fitness: R07012-508  
Wheaton Walks: R07035-510  
Mahjonn: R07047-502  
Jewelry Club: R07117-503  
Let's Practice Qigong R07059-501  
Beginners English R07118-502**

## **Registration for Fall 2025 session**

**Tuesday, August 12, 2025**

**Registration starts at 9am for all 55+ programs**

**Registration is held in person at any of our Montgomery County Recreation Facilities**

**Or**

**Online at [activemontgomery.org](http://activemontgomery.org)**

## **Summer Camps and Cancellations/Program Relocation**

**Please be aware that we'll have many youth specialty camps occurring in the month of July. There will be more cancellations and possible changes in program location during this time. Please review the Wheaton Senior Center July calendar before arriving to the center.**

## **Attention 55+Participants**

**Doors open 15 minutes prior to the start of class.**

**Please check in with staff member doing attendance before entering.**

**Enrolled participants have 5 minutes after class starts to participate before spot is given to someone on the waitlist.**

**Participants on the waitlist will be admitted by staff member doing attendance. Participants on the waitlist are not guaranteed entrance to program.**

**No other participants from enrolled or waitlist will be able to enter 10 minutes after class begins.**

**Once capacity is reached for the class, doors will be closed.**

**Policy is subject to change and will be updated as needed.**