



Silver Spring Recreation and Aquatic Center
1319 Apple Ave, Silver Spring, MD 20910 • (240) 777-6900 •

2025 Lane Schedule • Jan. 2, 2025 - June 20, 2025

6:30	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	6:00		
7:00	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	4 Deep 3 Shallow	8 Deep 3 Shallow	Open at 9 AM (Deep lanes open at 9:15)		7:00		
8:00									8:00	
9:00										9:00
10:00		8 Deep 0 Shallow		8 Deep 0 Shallow	5 Deep 1 Shallow	@ 9:15 4 Deep 0 Shallow	@ 9:15 4 Deep 0 Shallow	10:00		
11:00	5 Deep 3 Shallow	5 Deep 1 Shallow	8 Deep 0 Shallow	5 Deep 0 Shallow	8 Deep 0 Shallow	1 Deep 0 Shallow	4 Deep 0 Shallow	11:00		
12:00	8 Deep 0 Shallow	8 Deep 0 Shallow						1 Deep 0 Shallow		12:00
	8 Deep 3 Shallow					8 Deep 0 Shallow		7 Deep 0 Shallow	8 Deep 3 Shallow	
1:00		8 Deep 0 Shallow								1:00
2:00	8 Deep 0 Shallow							2:00		
3:00	8 Deep 3 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	8 Deep 3 Shallow	5 Deep 1 Shallow	5 Deep 1 Shallow	3:00		
4:00								4:00		
5:00	1 Deep 0 Shallow		2 Deep 1 Shallow			8 Deep 3 Shallow	4 Deep 3 Shallow	5:00		
6:00		1 Deep 1 Shallow		1 Deep 1 Shallow	1 Deep 3 Shallow	Closed at 5PM		6:00		
7:00	2 Deep 0 Shallow		1 Deep 1 Shallow					7:00		
8:00		1 Deep 1 Shallow		1 Deep 3 Shallow				8:00		
8:30	5 Deep 0 Shallow	8 Deep 3 Shallow	8 Deep 0 Shallow	8 Deep 3 Shallow	5 Deep 3 Shallow			8:30		
	Pool Closed at 8:30PM							9:00		

This Pool Use Schedule may be changed to accommodate special events or holiday activities.

Very limited lanes available at these times