

Spring/Summer 2014 Open Gym Schedule

Basketball

Bauer Drive:

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|-------------|---------------|---------------------------|
| Youth 12-17 | Mon.-Thur. | 2:30-5:45pm (thru May) |
| Adult 18+ | Thurs. | 8:15-9:45pm (April) |
| Adult 18+ | Thur. | 6:15-9:45pm (May) |
| Adult 18+ | Thurs. | 8:15-9:45pm (June/July) |
| Senior 55+ | Tues. & Thur. | 9:00-12:00 noon (Apr/May) |

Coffield: (schedule through June)

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|------------|------------------|---------------|
| Adult 18+ | Mon., Wed., Fri. | 12:00-3:00pm |
| Adult 18+ | Tues. & Thurs. | 1:00-3:00pm |
| 17 & under | Mon. - Fri. | 3:00-6:00pm |
| Adult 18+ | Wed. | 6:00-8:45pm |
| Family | Sat. | 9:30am-6:00pm |
| Family | Sun. | 3-5pm |

Damascus:

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|-------------|------------|--------------|
| Youth 5-17 | Mon.-Thur. | 2:30-5:45pm |
| Youth 5-17 | Fri. | 2:30-4:00pm |
| Youth 14-17 | Tues. | 6:00-7:15pm |
| Men 30+ | Tues. | 7:30-8:50pm |
| Adult 18+ | Mon. | 7:30-8:50pm |
| Family | Sat. | 10:00-3:00pm |

East County:

| | | |
|-----------|--------------|--------------|
| Adult 18+ | Mon. & Thur. | 11:30-1:30pm |
| Adult 25+ | Tues. | 6:30-8:50pm |
| Adult 18+ | Wed. | 6:30-8:50pm |

Germantown:

| | | |
|-------------|------------------|--------------|
| Youth 12-17 | Mon., Wed.-Thur. | 3:00-5:45pm |
| Youth 12-17 | Fri. | 3:00-4:45pm |
| Adult 18+ | Mon. | 6:00-9:00pm |
| Family | Sat. | 12:00-2:45pm |
| Family | Sun. | 12:00-2:15pm |

Good Hope:

| | | |
|-------------|------------|-------------|
| Adult 18+ | Mon.- Fri. | 6:00-8:00pm |
| Youth 12-17 | Mon.-Thur. | 3:00-6:00pm |

Lawton:

| | | |
|---------------------|---------------|-------------------------|
| Youth 12-17 | Mon. | 3:00-4:00 & 5:00-6:00pm |
| Youth 12-17 | Tues. - Thur. | 3:00-6:00pm |
| Youth 12-17 | Fri. | 3:00-5:00pm |
| Adult 18+ | Mon.-Fri. | 12:00-3:00pm |
| Adult 18+ | Tues. | 6:00-9:00pm |
| Adult 18+ | Sat. | 3:00-5:00pm |
| Elem./Middle School | Sat. | 10:00-12:00 noon |
| Teens/High School | Sat. | 12:00-3:00pm |

Long Branch:

| | | |
|-------------|-------------|--------------|
| Youth 12-17 | M, W, F | 3:00-6:00pm |
| Youth 12-17 | T, Th | 3:00-7:30pm |
| Adult 18+ | Mon.- Fri. | 11:00-3:00pm |
| Adult 18+ | Mon. – Fri. | 7:30-9:30pm |

Longwood:

| | | |
|-------------|---------------|-------------|
| Youth 6-12* | Mon. & Wed. | 3:00-6:00pm |
| Teen 13-17 | Tues. & Thur. | 3:00-6:00pm |
| Teen 13-17 | Sat. | 1:00-3:00pm |
| Adult 18+ | Tues.-Thur. | 6:00-9:00pm |
| Adult 18+ | Sat. | 3:00-5:00pm |

*Parental supervision required.

Mid-County:

| | | |
|-----------|--------------|-------------|
| Adult 18+ | Mon. & Thur. | 6:00-8:45pm |
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Plum Gar:

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|------------------|-------------|-------------|
| Mid. School/H.S. | Mon. - Fri. | 3:00-4:30pm |
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Praisner:

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|-----------|-------------------|--------------|
| Adult 18+ | Tues., Wed., Fri. | 12:00-2:30pm |
| Family* | Sat. | 10:00-3:00pm |
| Adult 19+ | Mon., Wed. | 6:30-8:50pm |

*Children 10 and under must be accompanied by a parent.

Upper County:

| | | |
|------------------|-------------|--------------|
| Adult 18+ | Mon.-Thur. | 12:00-2:30pm |
| Youth 17 & under | Mon. & Wed. | 6:00-8:00pm |
| Youth 17 & under | Thur. | 6:00-7:00pm |
| Youth 17 & under | Fri. | 2:00-3:30pm |
| Family | Sat. | 11:00-5:00pm |
| Adult 18+ | Mon. & Wed. | 8:00-10:00pm |

Wheaton:

| | | |
|-----------|-------|-------------|
| Adult 18+ | Thur. | 8:30-9:45pm |
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White Oak:

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|-----------------------|-----------|--------------|
| Adult 18+ | Mon.-Fri. | 10:30-1:30pm |
| Elem. & Middle School | Mon.-Fri. | 3:00-4:30pm |
| High School | Mon.-Fri. | 4:30-6:00pm |
| Adult 18+ | Mon. | 6:00-8:45pm |
| Adult 55+ League | Tues. | 6:00-8:45pm |
| Adult 18+ | Fri. | 6:00-8:45pm |

Wisconsin Place:

| | | |
|------------------|-------------|--------------|
| Youth & Adult | Mon.-Fri. | 12:00-3:00pm |
| Youth 17 & under | Sat. & Sun. | 12:00-3:00pm |
| Family | Sat. & Sun. | 12:00-3:00pm |
| Family | Thur. | 5:00-8:30pm |
| Adult 18+ | Wed. | 5:00-8:30pm |
| Youth 17 & under | Tues.-Thur. | 3:00-5:00pm |
| Youth 17 & under | Fri. | 3:00-4:30pm |
| Adult 18+ | Sat. & Sun. | 3:00-5:00pm |

Volleyball Open Gym

Bauer Drive:

| | | |
|------------|-------------|--------------------------|
| Adult 18+ | Wed. | 8:15-9:45pm |
| Senior 55+ | Mon. & Wed. | 10:30-12:30pm (thru May) |
| Senior 55+ | Thurs. | 6:00-8:00 pm (June/July) |

Coffield: (schedule through June)

| | | |
|-----------|-------|-------------|
| Adult 18+ | Tues. | 6:00-8:45pm |
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Damascus:

| | | |
|-------------|------|-------------|
| Adult 18+ | Mon. | 6:00-7:15pm |
| Youth 10-17 | Fri. | 4:00-6:00pm |

Germantown:

| | | |
|-----------|------|-------------|
| Adult 18+ | Wed. | 6:00-9:00pm |
| Family | Sun. | 2:30-4:45pm |

Lawton:

| | | |
|-----------|------|-------------|
| Adult 18+ | Mon. | 6:00-9:00pm |
|-----------|------|-------------|

Mid-County:

| | | |
|------------|------|--------------|
| Adult 18+ | Sat. | 10:00-1:00pm |
| Adult 18+ | Wed. | 6:00-8:45pm |
| Senior 55+ | Fri. | 12:00-2:00pm |

Plum Gar:

| | | |
|------------------|-------|--------------|
| Youth 17 & under | Sat. | 12:00-1:45pm |
| Adult 18+ | Sat. | 1:45-3:45pm |
| Adult 18+ | Tues. | 6:15-8:45pm |

Praisner:

| | | |
|-----------|-------|-------------|
| Adult 18+ | Thur. | 7:00-9:45pm |
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Upper County:

| | | |
|-----------|-------|-------------|
| Adult 18+ | Thur. | 7:00-9:30pm |
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Wheaton:

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|----------------|-------|-------------|
| Adult Coed 18+ | Tues. | 8:30-9:45pm |
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White Oak:

Adult 18+ Sun. 12:00-3:45pm

Wisconsin Place:

Adult 18+ Tues. 5:00-8:30pm

Badminton Open Gym

Bauer Drive:

Adult 18+ Tues. 6:00-9:45pm

Coffield: (schedule through June)

Adult 18+ Thur. 6:00-8:45pm

Damascus:

Adult 18+ Thur. 6:00-8:00pm

East County:

Adult 18+ Thur. 6:30-8:50pm

Germantown:

Adult 18+ Thur. 6:00-8:45pm

Family Sat. 9:00-11:45am

Lawton:

Family Sun. 1:00-2:00pm

Family Thur. 6:00-9:00pm

Mid-County:

Adult 18+ Tues. 6:00-8:45pm

Plum Gar:

Adult 18+ Mon. 6:15-8:45pm

Various ages 3rd Sat. of Month Call the Center

Potomac:

Family Wed. 6:00-10:00pm

Family Sat. 2:00-5:00pm

Praisner:

| | | |
|-----------|-------|-------------|
| Adult 18+ | Tues. | 6:30-8:30pm |
|-----------|-------|-------------|

Upper County:

| | | |
|--------|-------|--------------|
| Family | Tues. | 6:30-9:30pm |
| Family | Sat. | 9:00-11:00am |

White Oak:

| | | |
|-----------|------|-------------|
| Adult 18+ | Wed. | 6:00-8:45pm |
|-----------|------|-------------|

Wisconsin Place:

| | | |
|-----------|------|-----------------|
| Adult 18+ | Sat. | 9:30-12:00 noon |
| Adult 18+ | Mon. | 5:00-8:30pm |

Table Tennis**Bauer Drive:**

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|-----------|---------------|-------------|
| Adult 18+ | Tues. & Thur. | 8:25-9:45pm |
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Coffield: (schedule through June)

| | | |
|-----------|-------------|--------------|
| Adult 18+ | Sun. | 1:00-3:00pm |
| 55+ | Wed. & Fri. | 12:00-3:00pm |

East County:

| | | |
|--------|------|-------------|
| Family | Mon. | 6:30-9:00pm |
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Lawton

| | | |
|-----------|-------|-------------|
| Adult 18+ | Thur. | 6:00-9:00pm |
|-----------|-------|-------------|

Long Branch:

| | | |
|-----------|-------|-------------|
| Adult 18+ | Thur. | 7:30-9:30pm |
|-----------|-------|-------------|

Plum Gar:

| | | |
|-----------|-------------------------------|-----------------------|
| Adult 18+ | Wed. | 8:00-8:55pm |
| Varies | 4 th Sat. of Month | Call Center for info. |

Potomac:

| | | |
|--------|------|-------------|
| Family | Sat. | 9:30-1:30pm |
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Praisner:

| | | |
|-----------|-------|-------------|
| Adult 18+ | Tues. | 6:30-8:30pm |
|-----------|-------|-------------|

White Oak:

| | | |
|-----------|---------------|---------------|
| Adult 55+ | Tues. & Thur. | 10:30-1:30pm |
| Adult 18+ | Sat. | 10:00-12:00pm |

General Open Gym (Not Sport Specific)**Coffield:** (schedule through June)

| | | |
|-----------------------|----------------------|--------------|
| 55+ | Tues. Wed., & Thurs. | 9:30-1:00pm |
| Lil Ones (parent led) | Mon., Wed., & Fri. | 9:30-12:00pm |
| 17 and under | Mon. & Fri. | 12:00-3:00pm |

Damascus:

| | | |
|--------|------|--------------|
| Family | Sat. | 10-3:00 p.m. |
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East County:

| | | |
|----------------|-----------|--------------|
| Youth Under 18 | Mon.-Fri. | 3:00-6:00pm |
| Family | Sat. | 10:00-3:00pm |

Good Hope:

| | | |
|---------|--------------|--------------|
| Toddler | M, T, W, & F | 12:00-2:00pm |
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Lawton:

| | | |
|--------|------|-------------|
| Family | Sun. | 2:00-5:00pm |
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Longwood:

| | | |
|------------------------|---------------|---------------|
| Lil' 1's (4 and under) | Wed. & Thurs. | 10-12:00 noon |
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Mid-County:

| | | |
|----------------------|------------|---------------|
| Youth 17 and under | Mon.-Fri. | 2:30-5:45pm |
| Tiny Tot (5 & under) | Mon., Wed. | 10:30-12:00pm |
| Family | Sat. | 10:00-12:00pm |
| Teen & Adult | Sat. | 12:00-2:45pm |

Plum Gar:

| | | |
|--------|------------------|--------------|
| Family | Mon., Wed., Fri. | 10-2:30pm |
| Family | Tues. | 11:15-2:30pm |
| Family | Thur. | 12:30-2:30pm |
| 18+ | Mon. | 6:15-8:45pm* |

*Sport varies each week. Call the center for specifics.

Potomac:

| | | |
|-----------|---------------|--------------|
| Family | Sun. | 11:00-4:45pm |
| Youth | Mon.-Wed. | 3:00-6:00pm |
| Adult 18+ | Mon. | 6:00-9:00pm |
| Adult 18+ | Tues. & Thur. | 8:00-9:00pm |
| Family | Thur. | 2:00-4:00pm |
| Family | Fri. | 12:00-4:45pm |

Upper County:

| | | |
|------------------|------------|-------------|
| Youth 17 & under | Mon.-Thur. | 2:00-4:00pm |
|------------------|------------|-------------|

White Oak:

| | | |
|-------------|-------------|--------------|
| Little Ones | Mon. & Wed. | 10:30-1:30pm |
| Family | Sat. | 10:00-2:45pm |
| Family | Sun. | 12:00-3:45pm |

Specialty Sports/Activities:

Indoor Ball Hockey

Coffield: (schedule through June)

| | | |
|-----------|------|-------------|
| Adult 18+ | Mon. | 6:00-8:45pm |
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Ultimate Frisbee League

Bauer

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|-----------|-------|-------------------|
| Adult 18+ | Thur. | 6-8pm (Apr. only) |
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Microflyers

Bauer

Adult 18+

Mon. & Wed.

12:20-2:15 (Apr/May)

Pickleball

White Oak

Adult 18+

Thur.

6:00-8:45pm