

MONTGOMERY COUNTY RECREATION  
OPEN GYM SCHEDULE

Center: Longwood

Activity	Audience	Day of the week	Times	Month
Basketball	Youth 6-12	Mon & Wed	3:00-6:00 p.m.	
Basketball	Teen 13-17	Tue & Thu	3:00-6:00 p.m.	
Basketball	Teen 13-17	Sat	1:00-3:00 p.m.	
Basketball	Adult 18+	Tue - Thu	6:00-9:00 p.m.	
Basketball	Adult 18+	Sat	3:00-5:00 p.m.	
General Open Gym (Not Sport Specific)	Lil Ones (parent led)	Wed & Thu	10:00-12:00 noon	