

**MONTGOMERY COUNTY RECREATION  
OPEN GYM SCHEDULE**

**Center: Mid County**

<b>Activity</b>	<b>Audience</b>	<b>Day of the week</b>	<b>Times</b>	<b>Month</b>
Basketball	Adult 18+	Mon & Thu	6:00-8:45 p.m.	
Volleyball	Adult 18+	Sat	10:00-1:00 p.m.	
Volleyball	Adult 18+	Wed	6:00-8:45 p.m.	
Volleyball	Senior 55+	Fri	12:00-2:00 p.m.	
Badminton	Adult 18+	Tue	6:00-8:45 p.m.	
General Open Gym (Not Sport Specific)	Youth 17 & under	Mon - Fri	2:30-5:45 p.m.	
General Open Gym (Not Sport Specific)	Tiny Tot ( 5 & under)	Mon, Wed	10:30-12:00 p.m.	
General Open Gym (Not Sport Specific)	Family	Sat	10:00 - 12:00 p.m.	
General Open Gym (Not Sport Specific)	Teen & Adult	Sat	12:00-2:45 p.m.	