

MONTGOMERY COUNTY DEPARTMENT OF RECREATION
SPORTS TEAM
4010 Randolph Road,
Silver Spring, Maryland 20902
240-777-6870/Fax 240-777-6890

Date; February 27, 2015

ADULT BASKETBALL LEAGUE RULES

All adult basketball leagues are governed by the Montgomery County Recreation Department, an league rules will be played under National Federation High School Rules (NFHS). Exception; free-throws will follow NCAA rules.

Please read all league rules and general information.

I. PLAYER ELIGIBILITY

- A. Rosters: a preliminary roster must be submitted to the league Office prior to the first game. The final roster must be submitted by the teams' fourth (4th) game of the regular season.
- B. Montgomery County Roster form must be used and completed by the fourth (4th) game. A completed roster: Top portion of the roster must be filled out by the Manager of the team. The roster must have first and last name (no nicknames), street address, zip code, phone number, age and the players signature. Teams will not be able to participate in league play or playoffs unless the roster is fully completed.
- C. All players shall be at least 18 years of age and out of high school. The League Coordinator can over-ride this eligibility prior to the season with proper notification.
- D. No player shall play on more than one team in the same league or playoff (example; cannot play on (2) "C" level teams in the same night).
- E. Maximum Player Roster size: twelve (12) players for Men's leagues. Rosters can be email or faxed to: 240-777-6890. **A County roster form must be used.**
- F. Changes, additions, or deletions can be made prior to the **fourth** scheduled game in writing to the League Office on the roster or addition/deletion form. **INJURED PLAYER:** If player needs to be replaced after the deadline, a medical note from a doctor's office (letter-head) must be provided to the league office and approval of the League Coordinator.
- G. A player shall not play for any High School, College or professional basketball team during the current basketball season.
- H. Any team using an ineligible player shall automatically forfeit all games in which the ineligible player participated. If a team uses a suspended player or a player under an assumed name that team shall be dropped automatically from the League. All games played and all scheduled games not played shall be forfeited to the opponents.
- I. A player must be officially released in writing, before he/she may play with another team. The Release Form, available from the League Director, must be submitted.
- J. Players must carry photo identification to each game and shall produce the ID upon request of the table staff.

- K. Only protests regarding player eligibility will be accepted and no protest fee is necessary. The protest must be submitted in writing to the League Office within 48 hours after the completion of the game. Sports Office will require players name, teams name, date, location and time of game.
- L. Any team dropped from the League shall forfeit their entire franchise fee.
- M. Any team forfeiting two (2) games will be required to post a **\$100.00 forfeit fee** to the league office before reinstatement.

II. GAME RULES

Unless modified by these rules, all games of the League shall be played in accordance with the current National High School Federation Basketball rules with the following modifications

- A. Length of games shall consist of two (2) twenty (20) minute halves, running clock. There shall be a five (5) minute rest period between the two (2) halves, unless teams are ready to play.
- B. The clock will stop when an officials signals:
 - i. Unusual delay in getting a dead ball alive
 - ii. Injury time out
 - iii. Any whistle during the final (2) two minutes of each half.
 - iv. Any whistle during the final (1) minute of each overtime
- C. **TIME OUT RULE:** There will be five (5) 30 second timeouts that can be used anytime during the game. Time outs do not carry over into overtime. One (1) time out per overtime period.
- D. **OVER TIME RULES:** The over-time periods shall be 3 minutes. Running clock will not stop until the last minute. One time out per overtime. The (**3rd**) third overtime shall be sudden death.
- E. Teams may start games with a minimum four (4) players; less than four player's game is forfeited.
- F. **GRACE PERIOD:** There shall be a 5-minute grace period for the first game of the night. A team must start the game at the scheduled starting time if the minimum number of players is present. Table Staff has final decision regarding forfeited games.
- G. During free throws eligible players may enter the lane upon release of the ball.
- H. Substitutions shall be unlimited, but must check-in at the score table.
- I. DUNKING or GRASPING THE RING is not allowed before, during, or after the game. Any player guilty of dunking/grasping ring will automatically be ejected from the game. Penalty: goal is cancelled, flagrant foul will be called (player ejected, opposing team awarded 2 free throws plus the ball). The offending player will also suspend for two (2) games. **Dunking in the playoffs;** suspension will be for one (1) year. Each team will be held responsible for replacing any backboard or rim broken or damaged by their players.

UNIFORMS: All team players shall dress in the same color jersey with at least a 6 inch number on the back (no duplicate numbers).

THE FOLLOWING RULES ARE IN EFFECT AT THE START OF THE SEASON:

- A. award (3) three points to the other team for every player with out a number on the back of the jersey.
- B. award (2) two points to the other team for ever player with out the same color jersey as their team mates.
- C. any player without a jersey and or number may not participate in the game.

IV. **DISCIPLINARY ACTION**

- A. A player, manager, coach, or spectator who is ejected from a game by an official (Table Staff) shall be suspended for at least one (1) additional game (next league game played by that team). A second ejection during the season shall be an automatic suspension for a period of at least one (1) year from the date of the second incident. The ejected participant must vacate the building within four (4) minutes. The officials will indicate to the scorekeeper to stop the game clock and start once the situation is resolve. A teams' failure to comply within the four minutes will result in forfeiture of the game.
- B. Any player, manager, coach, or spectator who approaches an official in a negative manner before, during or after a league game shall be suspended for at least one (1) game or .
- C. Anyone who makes physical contact with or threatens an official shall be suspended for at least one (1) year from the date of the incident; final decision made by the League Coordinator.
- D. Any unsportsmanlike conduct may result in barring the player(s) or the team from further participation in the League.
- E. Player or players ejected from the game must leave the gym within four minutes of the ejection or automatic forfeit to the game. The **Gym Supervisor** will have final decision on this ruling.
- F. All disciplinary action and or ejections will be subject to review, prior, during or after games (or season) by the League Coordinator.
- G. Substance abuse by and person(s) during the game shall be subject to ejection by staff or Officials and disciplinary actions will be taken by the League Coordinator.

V. **MISCELLANEOUS**

- A. **Awards** shall be awarded; TBA
- B. **INCLEMENT WEATHER POLICY:** In case of inclement weather on the day of the game, call the recorded message at (240) 777-6889.
- C. **PLAYOFF TOURNAMENT:** The League Coordinator may choose the format of the playoffs. Additional information listed on schedule can be changed and will be announced at a later date. Ties affecting the tournament positions (seeding) shall be decided as follows:
 - 1. Record in the division (Win= 2 pts.; Loss= 0 pts.; Forfeit= -1 pt.) if tied, then;
 - 2. Record of teams against each other in division competition;
 - 3. Margin of victory of teams against each other in division competition.
 - 4. Differences between offense and defensive points allowed with in the division.
- D. **NO SMOKING OR DRINKING** (includes alcoholic and non-alcoholic beverages) is allowed in Montgomery County Public School facilities. Teams reported as violating this policy will be dropped from the League. We must maintain good relations with the schools or we may lose the use of them.