Age-Friendly Montgomery
A Community for a Lifetime

"I'm inviting you to enjoy our County's resources and programs."
County Executive Ike Leggett

Employment and Volunteering

Whether you want to find employment, enrichment or volunteer opportunities – Montgomery County has lots to offer. **"The Vital Living Networker"** is a 27-page summary of options. Find it at www.montgomerycountymd.gov/senior or, call 311. Below are some of these options.

Employment and Job Search Support (more information is available about all of these options at the County senior website, www.montgomerycountymd.gov/senior):

- WorkSource Montgomery American Job Centers provides assistance to job seekers. Call 301-929-4350 (Wheaton) or 240-206-5485 (Germantown).

- Montgomery County Public Libraries (MCPL) offers free online courses in business skills, web design, job search and much more. Call 240-777-0035.

- The Career Gateway! includes intensive training for computer-savvy jobseekers age 50 or older – for a modest fee. Call 301-255-4200.

- The Senior Community Service Employment Program offers jobs to people age 55 and older with very modest incomes. Call 240-395-0918.

Enrichment (more at www.montgomerycountymd.gov/senior):

- Computer Skills Training through the Jewish Council on Aging for people age 50 and older to learn about computers, social media, etc. Call 301-255-4200.

- Montgomery College - Lifelong Learning Institute offers a variety of classes for Montgomery County residents age 50 and older. Call 240-567-1828.

- University of Maryland offers free online classes to residents of all ages. Classes cover topics such as interviewing and resume writing, entrepreneurship, etc.

- Osher Lifelong Learning Institute at Johns Hopkins University offers a unique opportunity to continue learning at the university level. Call 301-294-7058.

Montgomery County Volunteer Center -- Explore your options at www.montgomeryserves.org or call 240-777-2600. Some examples of opportunities include:

- Help out during tax season with the Tax-Aide Program.

- Learn about the Pro Bono Consultants Program.

- Become a fitness volunteer with the Bone Builders Program.

- Join the Retired Senior Volunteer Program.

Contact Us Today

- Aging & Disability Resource Line 240-777-3000
- 3-1-1 or 240-777-0311 for County programs and services; 9-1-1 for emergency
- www.montgomerycountymd.gov/senior
- "Seniors Today" airs on Sundays, Tuesdays and Thursdays at 6:00 p.m. on Comcast/RCN 6, Verizon 30