



# Age-Friendly Montgomery

## A Community for a Lifetime

**"I'm inviting you to enjoy our County's resources and programs."**  
County Executive Ike Leggett

## Become a Volunteer Tutor or Mentor!

Montgomery County has many appealing opportunities for adults to become volunteer tutors and mentors to area youth. Intergenerational volunteering can prove very rewarding for students and volunteers alike.

Volunteer tutors help students learn to read and build study skills, volunteer mentors provide guidance and support with day-to-day challenges, and some volunteer roles include both tutoring and mentoring.

**JCA Heyman Interages Center is a globally recognized leader in the intergenerational movement.** They offer several volunteer opportunities for adults age 50+ to provide meaningful support to children and youth – helping to address academic and social challenges. Opportunities range from math and reading support to cross-age conversations and mentoring. If interested, contact Bonnie Leko-Shapiro at [bonnie.leko-shapiro@accessjca.org](mailto:bonnie.leko-shapiro@accessjca.org) or 301-255-4239.

**Washington Metro Oasis Intergenerational Tutoring Program** trains and places volunteer tutors to help students with reading at two dozen local elementary schools. Tutors are paired with children in grades K-4 to

benefit from a caring, one-on-one mentoring relationship. Tutors meet with their assigned student once per week during the school year. To learn more, please call Susan Moser at 301-469-6800, press 1, then press 211.

**The City of Rockville's mentoring program** matches elementary school children in grades 2-5 with caring adults who are positive role models to provide academic and social support during the school year. Mentors meet each week for one hour at their student's school. To learn more, contact Kate Bouwkamp at 240-314-8317 or [kbouwkamp@rockvillemd.gov](mailto:kbouwkamp@rockvillemd.gov)

**The Retired and Senior Volunteer Program (RSVP)** is a Senior Corps program connecting people age 55+ with meaningful volunteer opportunities throughout Montgomery County. Contact RSVP Director Kathleen Meaney Stobie at 240-777-2612 for more information.

**Find more ways to help!** The Montgomery County Volunteer Center's website allows you to search for even more opportunities to share your experiences in guiding young people. Simply visit [www.montgomeryserves.org](http://www.montgomeryserves.org) and type in "mentor" or "tutor" as a keyword to get information about dozens of local ways to serve.

### Contact Us Today

- Aging & Disability Resource Line **240-777-3000**
- **3-1-1 or 240-777-0311 for County programs and services; 9-1-1 for emergency**
- [www.montgomerycountymd.gov/senior](http://www.montgomerycountymd.gov/senior)
- "Seniors Today" airs on Sundays, Tuesdays and Thursdays at 6:00 p.m. on Comcast/RCN 6, Verizon 30