

Montgomery County School Health Council

September 18th, 2023 Meeting Minutes

- 6:30 - Introductions by Carey Dwyer. Hybrid meetings, members in attendance listed below. Discussed the merger between School Health Council and MCPS Wellness Council. Discussed how this will work so that we fill more gaps in position vacancies.
- 6:50 - Patricia Kapunan discussed MCPS updates that included:
 - struggles with substance abuse and how SA is related to mental health
 - New programs - Harm reduction programs, Narcan training, SBIRT training
 - Review COVID transmission rates in MCPS, COVID procedures and reporting protocol, outbreaks are most often happening in elementary and special education levels; less in secondary school but still happening with overnight trips and other after school activities
- Stephanie Iszard shared about Her Story for mothers who've struggling with substance abuse in their children and an upcoming summit for Girls health – hosted by MCPS on October 21st
- 7:18 - Mark Hodge discusses School Health Services (SHS) and DHHS Update to include:
 - MD state vaccine requirements for students and ongoing efforts to ensure vaccination compliance among MCPS students
 - New training for staff on changes in health protocols (at Montgomery College)
 - School Community Nurse (SCHN) vacancies and retention efforts
- 7:24 - Dr. Cara Grant, Supervisor, Pre-K-12 Health & Physical Education, President-Elect of **SHAPE** America, reviewed information about The Society of Health and Physical Educators (SHAPE MD) and what SHAPE MD does to:
 - Advance professional practice and promote research related to health and physical education, physical activity, dance, and sports,
 - Advocacy efforts; lobbyists and non-profits to advocate for Physical and Health Educations, Speak Out! For Health and PE on Capitol Hill
 - New National Standards anticipated in March 2024 for Physical Education and Health Education
 - EDI Podcast and Toytalk Tuesday hosted by SHAPE America
 - New Health Curriculum; requirements for ATOD and substance abuse education
- 7:45 - Annmarie Hart-Bookbinder, End Childhood Hunger, County council will be holding a session to discuss moving forward with recommendations for childhood hunger and Launching Childhood Hunger Collaboration
- 7:48 – Closing, Ideas for next meeting:
 - Environmental Health and its impact on health care, Grief Support, Childhood Hunger
- School Health Council Meetings for SY 2023-2024
 - Monday, December 4th, 2023 from 6:30-8:00 PM (hybrid)
 - Monday, March 18th, 2024 from 6:30-8:00 PM (hybrid)
 - Monday, May 6th, 2024 from 6:30-8:00 PM (hybrid)

Participants, in person

- **Carey Dwyer**, Nurse Manager, SHS
- **Liz Elliot**, Nurse Administrator, SHS
- **Dr. Jessica Hasson**, SHC, co-chair
- **Mark Hodge**, Senior Administrator, SHS
- **Reuben Grant**, Student member, 10th grade
- **Bryce Grant**, Student member, 7th grade
- **Dr. Cara Grant**, Supervisor, MCPS physical and health education
- **Dr. Patricia Kapunan**, Medical Officer, MCPS
- **Dr. Sandy Salsberg**, Community member
- **Evie Salsberg**, Student member, 11th grade

Participants, online

- **Anmarie Hart-Bookbinder**, Montgomery County Food Council
- **Tara Clemons**, Commission on Health
- **Alexander Allin**, Student member
- **Stephanie Iszard**, Executive Assistant, MCPS medical officer
- **Kirsten Andersen**, Administrator, Linkages to Learning
- **Laura Stewart**
- **P. Pank**
- **H. Donna**